

July 2020

Volume 29 Issue 4

Art | Music | Dining

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LIVE MUSIC IS BACK

Our Entertainment calendar is growing again, from no calendar in April and May, to 1.5 pages in June, and now 2 pages in July. Venues are slowly hiring musicians. Be safe, keep social distance, wash your hands, don't touch your face.

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JAYVO SCOTT

Much like most of his roles so far, Scott's tattoos and menacing appearance somewhat typecast him but got him work. At the same time he was broadening his resume not only with acting roles and music (his alter ego rapper pThuggie) but also as writer and producer of projects.

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**BREVARD
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May 30th, 2020: President Donald Trump, right, Vice President Mike Pence, and Second Lady Karen Pence watched the launch of a SpaceX Falcon 9 rocket carrying the company's Crew Dragon spacecraft with NASA astronauts Robert Behnken and Douglas Hurley onboard from the balcony of Operations Support Building II at NASA's Kennedy Space Center. NASA's SpaceX Demo-2 mission is the first launch with astronauts of the SpaceX Crew Dragon spacecraft and Falcon 9 rocket to the International Space Station as part of the agency's Commercial Crew Program. *Photo by NASA*



June 20th, 2020: Hundreds of boaters along the Space Coast showed their support for President Donald Trump by holding a boat parade. *Photo by Val Gal*



June 20th, 2020: "I Can't Breathe", a peaceful protest march, began at noon on Martin Luther King Blvd. and proceeded to the Melbourne Auditorium, where a rally was held. *Photo by Chuck Van Riper*

PAUL TONKA CHAPMAN

June 9, 1954 – June 9, 2020

June 9th was his birthday, Paul Chapman was 66 years old. All day long friends and fans posted their congratulations on his Facebook page - until the final post at 7:49 pm that was written by his daughter Brittany: "It is with a heavy heart writing this, today is my dad's 66th birthday. He passed away earlier this afternoon. He was a brilliant, energetic, loving and most carefree person and the First man I ever loved. Everyone he came in contact with loved him, no ADORED him. Will keep everyone posted on his celebration of life. I appreciate everyone's thoughts and prayers as his family grieves and processes everything at this time. I love you Dad. So much." - The rock world had lost one of its legends.

Paul Chapman, the Welsh rock guitarist best known for his work in UFO and WASTED, has lived on the Space Coast since the 80s and that made him almost a "homeboy" to us. Despite of the fact that Chapman was a legendary guitar player in the world of hard rock, he lived a rather quiet life in his Palm Bay house teaching guitar in his studio. Paul's teaching career led to the creation and release of the *Paul Chapman Guitar College* video and tape series.

Paul came on the scene after the first "British Invasion" and before the British Metal Bands rocked the country. His hard edged guitar playing stunned masses. He was the guitar player for UFO for many years, then with Lone Star, Wasted, and Gator Country. He has played packed stadiums and recorded on dozens of albums.

Born in Wales, Britain, Paul was part of a musical family that brought up another big rock star who was internationally famous, Dave Edmunds (I hear you knocking, 1971) - "He is my cousin and he used to babysit me," Paul told Brevard Live in an interview a few years ago. Then years later, in 1971 when legendary guitarist/singer/songwriter Gary Moore left his band Skid Row, Paul Chapman replaced Moore's guitar. "That happened because Gary

Moore wanted me in his band after we had jammed together. His people didn't know how to connect with my people, so they called my cousin Dave who was by then a big star already with his songs topping the pop charts. They called him to find me," Paul had to chuckle remembering this. "And Dave didn't even know I played guitar." - Paul left his band Universe that had been an opening band for Skid Row. He was 16 years old then, getting out of school and hitting the circuits. Like a Tonka.

His son-in-law and former band mate Ned Meloni describes best how Paul earned his name: "Somehow he was able to maintain a delicate balance between laser focus and reckless abandonment! Thus earning the affectionate nickname "Tonka", in deference to his indestructible nature. He was a hard man to keep up with, even for the most wild-hearted companions." Everyone who knows him can testify.

Chapman first joined UFO in 1974 as twin lead guitarist with Michael Schenker to augment their live sound. Although Chapman did not record an album during this period, he did join in time to tour and promote the *Phenomenon* album. However, he can be heard with the band on several tracks on the BBC live sessions album that was released retrospectively. He left UFO in January 1975 and went on to form Lone Star, where he remained until June 1978.

In 1977, he filled in for Michael Schenker in UFO when they were on world tour with Rush in the United States. He rejoined UFO in December 1978 on a full time basis after Schenker and UFO parted company. By this time UFO were an international success, and were about to release their live album, *Strangers in the Night*, which would increase their profile even further. Chapman is acknowledged on the album.

Chapman recorded his first album with UFO - *No Place To Run* - with ex-Beatles producer George Martin; which was released in January 1980. UFO undertook a tour to promote it culminating in a five night sell out at London's Hammersmith Odeon. Chapman remained in UFO until 1983 and played on another three albums, *The Wild*, *The Willing And The Innocent* (1981); *Mechanix* (1982); and *Making Contact*.

In 1983, after numerous line-up changes UFO decided to call it a day and the tour was promoted as a farewell tour (although they subsequently reformed the following year). UFO released a compilation album later that year incorporating songs featuring various of their members in other



bands. Chapman was represented by a Lone Star song. The album was completed by several songs recorded live on the farewell tour.

Then the Wasted years started until 1988 and 3 albums on EMI. In July 2006, Chapman joined the American southern rock band Gator Country, a seasoned collection of Molly Hatchet veterans. In 2009 he toured the US with Gator Country to big stadiums for the last time. In 2013 he tried to put the Paul Chapman Project (PCP) together with local musicians Dave Kury, Mark Glisson, Mike Wright, Kenny Clarke, and Gary Eilen. They even performed a debut concert at Lou's Blues which was well attended. But then... life came in the way, and scheduling big gigs had become more difficult. The music business had changed a lot over the decades. "We have great new songs and a tight band," Paul used to say. "What's missing are the record companies along with band and tour management."

Paul Chapman had many talents: his fans know him as the guitar wizzard whose riffs got them goose bumps. Everyone who had ever met Paul was fascinated by his energy,

continued next page



Rock Legends Les Dudek and Paul Chapman at the Brevard Live Music Awards After Party in 2012 jamming on Lou's Blues' famous stage.

PAUL TONKA CHAPMAN continued

warmth and boyish charm. He was an entertainer through and through, his personality filled a room, he was hilarious. His friends know that Paul was a passionate cook. He loved to invite friends over for dinner that he prepared. He was a wonderful host. - A business person and/or booking agent he was NOT, and PCP fell by the wayside.

Two years later, in 2015, he wanted to taste the road again; and when approached by a Swedish Rock band "Killer Bee" that had a US tour booked, Paul and his wife Debby jumped on the wagon. "It was for fun," said Paul when he returned but admitted that he remembered touring to be quite different "back in the days."

For *Brevard Live Magazine* Paul Chapman was a longtime supporter and friend. In 2009 he co-hosted the *Brevard Live Music Awards*, the most successful BMA-show ever. Every seat at the Henegar Center sold, we had to turn people away at the door and ran out of every beverage at the bar. Co-host John Leach, a quite seasoned entertainer himself, had a hard time keeping up with Paul who appeared with a cow bell (we needed more cow bell!) making it an unforgettable show. Two years later he performed together with rock legend Les Dudek on the BMA-stage, another one-of-a-kind moment in rock history. In 2013 he graced our stage as presenter teasing us that this time he would moon the audience. It was a joke - right? Everything was cool until he went to the podium and turned around - oh NO! And he did not, "only because my leather pants were stuck to my skin," he told us afterwards.



Paul was married four times. With his first wife Linda he became the proud father of his first son, Thys. His second wife was the mother of his son Sean who is bursting with energy much like Paul. A short time later their only daughter Brit-



tany was born. Along with Thys and Cheryl's endeared son, Bobby, the Chapman family was complete. Paul reveled in the family environment he so much enjoyed.

He later was married to his wife Terry who he met working at Florida Discount Music. They opened a guitar shop called *Total Guitars*, which became Paul's home base for teaching. As the new millennium drew near, while attending his former bass player's wedding, Paul met the mother of the bride and both experienced an immediate connection. Debby and Paul would soon become inseparable, marrying in 2001.

Paul lost his beloved Debby in December 2018. As difficult as it was, he forged ahead as he had always done; continued teaching guitar and was planning future musical ventures right up until his passing. Paul's legacy will live on through his music and in the hearts and minds of the countless people whose lives he touched, and those who were fortunate enough to be his family and friends.

A celebration of life will be held on Sunday, September 6th, 2020, at Lou's Blues Bar & Grill 3191 N. Highway A1A, Indialantic, FL 32903. More details are in the works. For a complete obituary written by Ned Meloni visit www.afcf-care.com and look for Paul William Chapman. Updates will be made available by his daughter Brittany on Paul Chapman's FB page.

Heike Clarke/ Photo: BL Archives

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Sunday, July 19, 2pm,
Earls' Hideaway, Sebastian
Nouveaux Honkies

Bouncing around the country for the last 10 years, the Nouveaux Honkies currently spread their time between East Tennessee and Southern Florida. As far as what one will hear when they perform, they consider it genre neutral. They play songs they wrote and songs they wish they wrote. If you wanna get picky it's called "mother lovin', country folkin' blues".

In mid 2014, Rebecca Dawkins and Tim O'Donnell, of The Nouveaux Honkies, hoisted anchor and set sail in their rebuilt RV. The journey started in South Florida and took them as far west as the Rockies, as far north as the Great Lakes, as far east as Cape Cod, and returned south for the winter. It's been somewhere around 150 thousand miles, 600 shows, and at least one million smiles that has influenced The Nouveaux Honkies and their *Loud In Here* CD release in March of 2018.

Whether they are doing straight up country, or bluesy soul or folk rock, their sounds comes through as a couple of completely relaxed musicians who don't have to answer to anybody, who don't have to be anywhere they don't want to be.



Sunday, July 26, 2pm,
Earls' Hideaway, Sebastian

Mike Zito Trio

He may be one of the most lauded artists in the contemporary blues arena today, and rightfully so, but for Mike Zito, the thing that counts the most is maintaining his honesty, authenticity and integrity. Those are the qualities that have steered Zito's career since the beginning and continue to define every effort he's offered since.

Of his latest album "Quarantine Blues" Zito says, "While flying home from Europe after all of our tours being cancelled, I decided the band and myself would record a free album for our fans. Individually we have been quarantined for 14 days and this idea of writing, producing and releasing an album in the 14 day period seemed like quite an effort and a distraction for us. In return fans from around the world contributed to our Gofundme and it has been an amazingly rewarding experience." *Quarantine Blues* is now available in its entirety, absolutely FREE via SoundCloud.

Naturally, patience and perseverance have been Zito's stock and trade since the beginning. He began playing guitar at the age of five, and by the time he reached his late teens, he was already a fixture on the local St. Louis music scene. He initially released his music independently and then signed with *Eclecto Groove Records*, later with *Ruf Records*.

ASM Global Hired to Manage King Center

ASM Global, a national leader in presenting live entertainment, has been hired to manage the King Center for the Performing Arts at Eastern Florida State College. The firm was retained following unanimous approval from the King Center Board of Directors and the EFSC Board of Trustees. A 5-year contract goes into effect July 1.

The company replaces Steve Janicki, who retired after serving 32 years as the King Center's executive director, during which he turned the Melbourne campus venue into a cultural landmark in Central Florida.

ASM Global manages 89 entertainment venues in the U.S., including 16 Florida facilities in cities such as Jacksonville, Pensacola, Tallahassee, Miami, Miami Beach, Ft. Lauderdale and others. In all, the company's network spans five continents, with a portfolio of more than 325 of the world's most prestigious arenas, stadiums, convention and exhibition centers, and performing arts venues. A strategic alignment with Los Angeles-based AEG Presents gives ASM Global access to the biggest names in entertainment. A partnership with the American Theatre Guild is also expected to bring Broadway shows to the King Center. "We're honored to have been chosen by Eastern Florida State College to be their partner in operating the venerable King Center," said Bob Newman, ASM Global President and CEO. The company is expected to soon name a resident general manager to direct King Center operations.

The King Center recently completed the largest renovation in its history with \$3.6 million in improvements, enhancing the experience of patrons. Like other theaters nationwide, it closed in March because of the COVID-19 pandemic and will remain dark until performances can safely return.



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The Column

By **Chuck Van Riper**

Start Practicing!

As the apocalypse continues, I've had a lot of time to pursue other interests, one being the art of calligraphy. As many of you may or may not know, I've studied calligraphy as long I've studied music, which started back in the Mesozoic era. (Check out my Instagram @chuckvanriper4 to see a bunch of it!) Anyway, I'm always looking for quotes to use for practice. I have been working on Shakespeare's Sonnet 66, which everybody should look up. I think it's very relevant to what's going on today. I've moved on from that one and I'm currently working on a quote from Pope Francis. He said this:

"Rivers do not drink their own water, trees do not eat their own fruit, the Sun doesn't shine itself, and flowers do not spread their fragrance for themselves. Living for others is a rule of nature. We are all born to help each other, no matter how difficult it is. Life is good when you are happy, but much better when others are happy because of you."

What a beautiful sentiment stated so mellifluously. It resonated deep within me. So, that's the next piece I'll do. Now, when you start a piece of calligraphy, sometimes you will make many copies of it to get the spacing, letters, the design of the lines, etc. I must have 50 versions of Sonnet 66! Usually as I write, I ponder the words I'm writing as each letter is written slowly and deliberately, and this piece is no different. I must have been in an overly cynical mood this day. So I put pen to paper...

Rivers do not drink their own water.. no, they don't, but you know what they can do? They can flood the crap out of your back yard or even your house! During a major storm when the waters rise, they can destroy anything in its way. It could happen. It has happened. It does happen.

Trees do not eat their own fruit... Yea, but you know what they can do? Why do you board up your house during a hurricane? So you don't get killed by a friggin TREE! And how many balmy Autumn afternoons have you spent raking up the dead appendages known as leaves? What a pain. Yea, they might not eat their own fruit, but they'll drop them all over my front yard. And who has to clean that up? Not the damn tree, that's for sure.

The Sun doesn't shine on itself... As we here in Flor-

ida know, it might not shine on itself, but it will shine the hell out of you until you look like a piece of overcooked bacon for being out in its rays for a few hours. You know what else it will do? It will dry up all the rivers that don't drink their own water. It's responsible for great wastelands and deserts. I mean it's great to have a Sun and all, but it has its downsides.

And flowers don't spread their fragrance for themselves.... Yea, but they are in cahoots with the bees. Have you ever gone over to smell the sweetness of a gardenia and BAM!!! A bee stings you right on the nose. Man, does that hurt. If only there were some way for the flower to warn you. Another thing they do, (and this is why they are conspiring with the bees) is spread pollen. Along with a gentle breeze, it's like they have a GPS route straight to my eyes. Then they get all puffy, itchy and watery. Flowers, sometimes, are better admired from afar.

This reminds me of an episode of the old TV show "Kung Fu", in which Kieth Carrdene plays a Shaolin monk walking across the old west. Whilst meandering through the woods one day he encounters a girl playing the mandolin (played by Jodie Foster!) He stops and says to her "your music sounds like the rippling of the river". She tells him that she's practicing to be a rich a famous musician someday. He looks puzzled and say to her "consider the sparrow who sings in the tree. He asks nothing for his song, yet sings for you anyway." Sound like an agent I once had! It'll be great exposure!

So, maybe I get too cynical sometimes, but I wholeheartedly agree with Pope Francis. To quote Paul McCartney, "Imagine all the people sharing all the world." Why has this been the hardest lesson of humanity? As I've always said, the root of all evil is greed. So what's it going to take? An alien invasion? Probably so. Then we'll all have to be one human species. Maybe if we start practicing now, we'll be ready when they get here.

2ND ANNUAL INDEPENDENCE DAY PARADE

The 2nd Annual "Independence Day" Parade will take place on July 4th at 10 am in Merritt Island. The parade will begin at Edgewood Jr/Sr High School at 180 E. Merritt Avenue and will travel to N. Sykes Creek Parkway where it will continue until ending at the Veteran's Memorial Center with a free BBQ that is being provided by our partners at the Veteran's Memorial Center. This parade is organized by Brevard County Sheriff's Office, and of course plan to practice "social distancing" along the parade route so that we can all do our part to keep everyone safe!!

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Mommy Likey

By Matthew Bretz

Well, here we are months in and most of the world is still on lockdown. Most of America is still on lockdown, too. For some reason people here in Florida have decided that it's already all over and it's perfectly fine to go out and hang around other people... but I digress.

An element of all of this that has really caught my attention and warmed my heart to no end is how mama nature has been affected by the fact that people aren't out and about. China began seeing the sun through clear air following shortly after the start of quarantine. Populations of endangered species began to spring back from the point of no return. Wolves thought long gone have suddenly been spotted. Even the

Blue Calamint bee, not seen for 16 years, has been popping up in Central Florida - even saw one myself. Heck, the infamous hole in the Ozone layer even closed up. And I can't forget my favorite story of all: The canals of Venice have cleared up to a pristine crystal clear and dolphins can now be seen swimming through the watery streets of the city. I smile every time I watch the videos.

Just think. Since the 1950's we have lost 50 percent of the wildlife in the ocean through over-fishing, and pollution. With just little nudge the ocean is starting to come back, too. Reports of marine life, in all forms, are beginning to flourish and fill the sea with color again. That's not to say that it's back, it's not. This is just a glimpse of a beginning to a long road. And let's be fair, we will probably never steer the car down said road anyway. But isn't it nice to see even just a little of what could be?

So, what's going on? Why is nature blooming around us? The answer is obvious and clear: humans don't have the opportunity to screw with the planet as much as they did before the quarantine. But even though the effects of less humans producing garbage, driving cars, and just wandering around in the woods, I'm still crazy worried and you should be too if you are enjoying nature's little rehab stint and want it to

continue. The way I see it, this could go a couple different ways. People might surprise me and take notice of the overwhelming evidence we are being shown by nature that humans have a massive negative impact on her wellbeing. Or, they will, most likely, forget about all of it when curfews and restrictions go away.

There is a lot going on right now and, when the dust settles and vaccines are passed out, we will all be navigating a much different landscape. Maybe things will be better and people will have collectively taken on a whole new outlook of consideration and community. Or, maybe I just have too little faith in humanity to get better. What do you think? Is it possible people are learning to be less selfish? Time will tell I suppose.

Just some thought pennies from my barricade to yours. In the meantime, as always, everyone stay safe. And even though everyone is acting like there is no more danger - it's not true. At the time of this writing, numbers were still climbing, we were beginning to experience a spike in the stats. So, be careful out there, those of you who fall prey to the enticement of life outside in the world. And even if you are still staying home, be careful, too. Everyone be well and I will see you soon. If not out in the world, then at least right here in these pages.

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Entertainment Calendar

1 - WEDNESDAY

FRESH SCRATCH
BISTRO: 6pm Char Good
HEIDI'S JAZZ CLUB: 7pm TBA
LOU'S BLUES: 7pm Rockstar w/ Joe Calautti
MONKEY BAR: 8pm Music Bingo

2 - THURSDAY

FRESH SCRATCH
BISTRO: 6pm Joel Thomas
HEIDI'S JAZZ CLUB: 7pm Sybil Gage & The Catahoula
JOHNATHAN'S PUB: 10pm Open Jam
LOU'S BLUES: 6pm Bike Night; 8:30pm Unit 5
MONKEY BAR: 9pm DJ
SLOW & LOW/Cocoa
Beach: 7pm Matt Riley

3 - FRIDAY

BONEFISH WILLY'S
RIVERFRONT GRILLE: 6pm Matt Adkins
EARL'S: 8:30pm Dave Scott & Tumbleweed
FLORIDA BEER TAP
ROOM: 6pm Cherry Down
FRESH SCRATCH
BISTRO: 6pm Sarah D
HEIDI'S JAZZ CLUB: 5-8pm Steve Kirsner & Friends
KEY WEST BAR: 9pm 106 South
LOU'S BLUES: 5:30pm Karaoke w/ Bob Neal; 9:30pm DJ Joe Redmond
MONKEY BAR: 8pm Aquinas
SANDBAR: 10pm Dub Masters
SIGGY'S: 7pm DJ Chris; 9pm Twisted Minds
SLOW & LOW/Cocoa
Beach: 7pm Acoustic

4 - SATURDAY INDEPENDENCE DAY

BONEFISH WILLY'S
RIVERFRONT GRILLE: 6pm Big Jim Adams
COCONUTS: 1pm Tripp Tide
EARL'S: 2pm Alita Davis & The Boyz; 8:30pm Shovelhed
FLORIDA BEER TAP
ROOM: 6pm Lowell Everly
FRESH SCRATCH
BISTRO: 6pm Tom Parks

HEIDI'S JAZZ CLUB: 7pm Jazz Band
JOHNATHAN'S PUB: 10pm Love Valley
KEY WEST BAR: 9pm Billy Chapman
LOU'S BLUES: 5:30pm Karaoke w/ Cindy; 9:30pm Tidal Theory & Drifting Roots
MONKEY BAR: 9pm DJ Dance Party
OASIS: 8pm Andrew Walker
SANDBAR: 10pm TBA
SIGGY'S: 8pm DJ Chris; 9:30pm Touch Of Grey
SLOW & LOW/Cocoa
Beach: 7pm Corey Yentz
SLOW & LOW/Viera: 7pm Andy Harrington

5 - SUNDAY

BONEFISH WILLY'S
RIVERFRONT GRILLE: 4pm Stay Tuned
COCONUTS: 3pm The Wolf
EARL'S: 2pm Joel DaSilvia Band
FRESH SCRATCH
BISTRO: 4pm Good Vibes Sunday
HEIDI'S JAZZ CLUB: 7pm Jazz Jam Session
JOHNATHAN'S PUB: 10pm Miranda Realino
LOU'S BLUES: 2pm Love Valley
MONKEY BAR: 4pm Acoustic on deck
SANDBAR: 4pm
Fundecided; 9pm DJ Cerino & Guest
SLOW & LOW/Cocoa
Beach: 5:30pm Andy Harrington

6 - MONDAY

LOU'S BLUES: 7pm Dirty Bingo

7 - TUESDAY

JOHNATHAN'S PUB: 10pm Aaron Rhodes
LOU'S BLUES: 6:30pm Trivia
MONKEY BAR: 8pm Trivia

8 - WEDNESDAY

FRESH SCRATCH
BISTRO: 6pm Denise Turner
HEIDI'S JAZZ CLUB: 7pm TBA
LOU'S BLUES: 8:30pm Rockstar w/ Joe Calautti
MONKEY BAR: 8pm Music

Bingo
SANDBAR: 8pm Love Valley

9 - THURSDAY

FRESH SCRATCH
BISTRO: 6pm Billy Chapman
HEIDI'S JAZZ CLUB: 7pm Sybil Gage & The Catahoula
JOHNATHAN'S PUB: 10pm Open Jam
LOU'S BLUES: 8:30pm Whiskey Trio
MONKEY BAR: 9pm DJ
SANDBAR: 3:30pm Teddy V; 8pm Karaoke
SLOW & LOW/Cocoa
Beach: 7pm Matt Riley

10 - FRIDAY

BONEFISH WILLY'S
RIVERFRONT GRILLE: 6pm Matt Adkins
COCONUTS: 7pm Radar Red
EARL'S: 8:30pm Big Pine Band
FLORIDA BEER TAP
ROOM: 6pm Gypsy Elise & The Royal Blues
FRESH SCRATCH
BISTRO: 6pm Sydney Taylor
HEIDI'S JAZZ CLUB: 5-8pm Steve Kirsner & Friends
KEY WEST BAR: 9pm HeatStroke
LOU'S BLUES: 5:30pm Karaoke w/ Bob Neal; 9:30pm Eastside Rock
MONKEY BAR: 8pm Last Call
SANDBAR: 10pm Musical Seduction
SIGGY'S: 7pm DJ Chris; 9pm 7th Planet
SLOW & LOW/Cocoa
Beach: 7pm Acoustic

11 - SATURDAY

BONEFISH WILLY'S
RIVERFRONT GRILLE: 6pm Reggae Juice
COCONUTS: 7pm Dirty Power
EARL'S: 2pm Johnny & The Blaze; 8:30pm Joe Reid
FLORIDA BEER TAP
ROOM: 6pm Mudd Rooster
FRESH SCRATCH
BISTRO: 6pm Jazz Band
HEIDI'S JAZZ CLUB: 7pm Jazz Band
JOHNATHAN'S PUB: 10pm Karalyn & Dawn Patrol
KEY WEST BAR: 9pm Jeff

Bynum
LOU'S BLUES: 5:30pm Karaoke w/ Cindy; 9:30pm Tru Phonic
MONKEY BAR: 9pm DJ Dance Party
SANDBAR: UCF Fight
SIGGY'S: 8pm DJ Chris; 9:30pm Mark Dobson - The One Band Band
SLOW & LOW/Cocoa
Beach: 7pm Andy Harrington
SLOW & LOW/Viera: 7pm Bonnie Harrington

12 - SUNDAY

BONEFISH WILLY'S
RIVERFRONT GRILLE: 4pm Stay Tuned
COCONUTS: 3pm Tru Phonic
EARL'S: 2pm Tribucon
FLORIDA BEER TAP
ROOM: 3pm Hot Pink
FRESH SCRATCH
BISTRO: 4pm Good Vibes Sunday
HEIDI'S JAZZ CLUB: 7pm Jazz Jam Session
JOHNATHAN'S PUB: 10pm Vince Cranford
LOU'S BLUES: 2pm Highway 1
MONKEY BAR: 4pm Acoustic
SLOW & LOW/Cocoa
Beach: 5:30pm Corey Yentz

13 - MONDAY

LOU'S BLUES: 7pm Dirty Bingo

14 - TUESDAY

JOHNATHAN'S PUB: 10pm Joshua Keels
LOU'S BLUES: 6:30pm Trivia
MONKEY BAR: 8pm Trivia

15 - WEDNESDAY

FRESH SCRATCH
BISTRO: 6pm Sarah D
HEIDI'S JAZZ CLUB: 7pm TBA
LOU'S BLUES: 8pm Rockstar w/ Joe Calautti
MONKEY BAR: 8pm Music Bingo

16 - THURSDAY

FRESH SCRATCH
BISTRO: 6pm Jerry Z
HEIDI'S JAZZ CLUB: 7pm Sybil Gage & The Catahoula



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JOHNATHAN'S PUB:
10pm Open Jam
LOU'S BLUES: 8:30pm
Dirty 30s
MONKEY BAR: 9pm DJ
SIGGY'S: 7pm Matt Adkins
SLOW & LOW/Cocoa
Beach: 7pm Matt Riley

17 - FRIDAY
BONEFISH WILLY'S
RIVERFRONT GRILLE:
6pm Matt Adkins
COCONUTS: 7pm Tripp
Tide
EARL'S: 8:30pm
Crashrocket
FLORIDA BEER TAP
ROOM: 6pm Simone & The
Supercats
FRESH SCRATCH
BISTRO: 6pm Irena Freckle
HEIDI'S JAZZ CLUB:
5-8pm Steve Kirsner &
Friends
KEY WEST BAR: 9pm
Russ Kellum Band
LOU'S BLUES: 5:30pm
Karaoke w/ Bob Neal;
9:30pm Rios Rock Band
MONKEY BAR: 8pm St.
Johns Wood
SANDBAR: 10pm DJ
Lioness and DJ Selector
Longnecker
SIGGY'S: 7pm
DJ Chris; 9pm Shovelhed
SLOW & LOW/Cocoa
Beach: 7pm Acoustic

18 - SATURDAY
BONEFISH WILLY'S
RIVERFRONT GRILLE:
6pm Stay Tuned
COCONUTS: TBA
EARL'S: 2pm Joey Tenuto
Band; 8:30pm Touch Of Grey
FLORIDA BEER TAP
ROOM: 7pm Tru Phonic
FRESH SCRATCH
BISTRO: 6pm Mike Murphy
HEIDI'S JAZZ CLUB:
7pm Jazz Band
JOHNATHAN'S PUB:
9:30pm SEED
KEY WEST BAR: 9pm
Pinch (20th Anniversary)
LOU'S BLUES: 5:30pm
Karaoke w/ Cindy; 9:30pm
Luna Pearl
MONKEY BAR: 9pm DJ
Dance Party
OASIS: 8pm Devin Lupis
SANDBAR: 10pm Rios
Rock Band

SIGGY'S: 9:30pm 21 To
Burn
SLOW & LOW/Cocoa
Beach: 7pm Acoustic

19 - SUNDAY
BONEFISH WILLY'S
RIVERFRONT GRILLE:
4pm Big Jim Adams
COCONUTS: 2pm TBA
EARL'S: 2pm The
Nouveaux Honkies Trio
FLORIDA BEER TAP
ROOM: 3-6pm Hot Pink
FRESH SCRATCH
BISTRO: 4pm Good Vibes
Sunday
HEIDI'S JAZZ CLUB:
7pm Jazz Jam Session
JOHNATHAN'S PUB:
10pm Aaron Rhoades
LOU'S BLUES: 2pm Vince
Reed
MONKEY BAR: 4pm
Acoustic
SLOW & LOW/Cocoa
Beach: 5:30pm Acoustic

20 - MONDAY
LOU'S BLUES: 7pm Dirty
Bingo

21 - TUESDAY
JOHNATHAN'S PUB: 9pm
Josh Wagner
LOU'S BLUES: 6:30pm
Trivia
MONKEY BAR: 8pm Trivia

22 - WEDNESDAY
FRESH SCRATCH
BISTRO: 6pm Denise
Turner
HEIDI'S JAZZ CLUB:
7pm TBA
LOU'S BLUES: 7:30pm
Rockstar w/ Joe Calautti
MONKEY BAR: 8pm
Music Bingo

23 - THURSDAY
FRESH SCRATCH
BISTRO: 6pm Chuck Van
Riper
HEIDI'S JAZZ CLUB:
7pm Sybil Gage & The
Catahoula
JOHNATHAN'S PUB:
10pm Open Jam
LOU'S BLUES: 8:30pm Joe
Calautti
MONKEY BAR: 9pm DJ
SLOW & LOW/Cocoa
Beach: 7pm Matt Riley

24 - FRIDAY

BONEFISH WILLY'S RIVERFRONT GRILLE: 6pm Matt Adkins
COCONUTS: 7pm RAN Project
EARL'S: 8:30pm Alex Ivanov & 3 Link Society
FLORIDA BEER TAP ROOM: 7pm Josh Keels
FRESH SCRATCH BISTRO: 6pm Irena Freckle
HEIDI'S JAZZ CLUB: 8:30pm Steve Kirsner & Friends
KEY WEST BAR: 9pm Danny Morris Band
LOU'S BLUES: 5:30pm Karaoke w/ Bob Neal; 9:30pm Funpipe
MONKEY BAR: 8pm The Kore
SANDBAR: 10pm Dub 321
SIGGY'S: 7pm DJ Chris; 9pm Roughhouse
SLOW & LOW/Cocoa Beach: 7pm Acoustic

25 - SATURDAY

BONEFISH WILLY'S RIVERFRONT GRILLE: 6pm Reggae Juice
COCONUTS: 7pm Night Owl
EARL'S: 2pm Wicked Garden Gnomes; 8:30pm Sundown w/ vocalist Toni Williams
FLORIDA BEER TAP ROOM: 6pm Radar Red
FRESH SCRATCH BISTRO: 6pm Steve Hodak
JOHNATHAN'S PUB: 9:30pm HeatStroke
KEY WEST BAR: 9pm Dave Thrift Band
LOU'S BLUES: 5:30pm Karaoke w/ Cindy; 9:30pm American Hotrods
MONKEY BAR: 9pm Dj Dance Party
SANDBAR: 10pm Hot Pink
SIGGY'S: 8pm DJ Chris; 9:30pm Slyd
SLOW & LOW/Cocoa Beach: 7pm Acoustic

26 - SUNDAY

BONEFISH WILLY'S RIVERFRONT GRILLE: 4pm Big Jim Adams
COCONUTS: 3pm InteraCoastal
EARL'S: 2pm Mike Zito Trio
FRESH SCRATCH BISTRO: 4pm Good Vibes

Sunday
HEIDI'S JAZZ CLUB: 7pm Jazz Jam Session
JOHNATHAN'S PUB: 10pm Jake Salter
LOU'S BLUES: 2pm Coolers
MONKEY BAR: 4pm Acoustic
SLOW & LOW/Cocoa Beach: 5:30pm Acoustic

27 - MONDAY

LOU'S BLUES: 7pm Dirty Bingo

28 - TUESDAY

JOHNATHAN'S PUB: 10pm Andrew Rickman
LOU'S BLUES: 6:30pm Trivia
MONKEY BAR: 8pm Trivia
SANDBAR: 9pm DJ Goldfinga

29 - WEDNESDAY

FRESH SCRATCH BISTRO: 6pm Denise Turner
HEIDI'S JAZZ CLUB: 7pm TBA
LOU'S BLUES: 7:30pm Rockstar w/ Joe Calautti
MONKEY BAR: 8pm Music Bingo

30 - THURSDAY

FRESH SCRATCH BISTRO: 6pm Chuck Van Riper
HEIDI'S JAZZ CLUB: 7pm Sybil Gage & The Catahoula
JOHNATHAN'S PUB: 10pm Open Jam
LOU'S BLUES: 8:30pm Strongbacks
MONKEY BAR: 9pm DJ
SLOW & LOW/Cocoa Beach: 7pm Matt Riley

31 - FRIDAY

BONEFISH WILLY'S RIVERFRONT GRILLE: 6pm Matt Adkins
COCONUTS: 7pm Tripp Tide
EARL'S: 8:30pm Roughhouse
FLORIDA BEER TAP ROOM: 7pm Josh Keels
FRESH SCRATCH BISTRO: 6pm Irena Freckle
HEIDI'S JAZZ CLUB: 5-8pm Steve Kirsner & Friends
KEY WEST BAR: 9pm Riptide
LOU'S BLUES: 5:30pm Karaoke w/ Bob Neal; 9:30pm Picture Show

MONKEY BAR: 8pm Dirty Power
SANDBAR: 10pm 506 Crew Band
SIGGY'S: 7pm DJ Chris; 9pm SEED
SLOW & LOW/Cocoa Beach: 7pm Acoustic

PALM BAY RECREATION

July 4 & 5: 8:30pm Free Movie in the Park & Drive-up Movie, Fred Poppe Regional Park, 1951 Malabar Rd NW, MUST PRE-REGISTER at www.PlayPalmBay.org.
July 6 to 31: weekdays from 8am to 12pm, Palm Bay Kidz Club (ages 6-10), Fred Poppe Regional Park, Goode Park, or Liberty Park, Register at www.PlayPalmBay.org.
July 7 to 29: on Tuesdays and Wednesdays from 9 to 11am Turkey Creek Sanctuary Nature Club (ages 10-15). Register at www.PlayPalmBay.org.
July 10: 8:30pm Fun Friday by the Bay featuring a Free Movie in the Park, Veterans Memorial Park, 2201 Port Malabar Blvd NE., MUST PRE-REGISTER at www.PlayPalmBay.org.
July 11: 8:30pm Free Movie in the Park - Veterans Memorial Park, 2201 Port Malabar Blvd NE. MUST PRE-REGISTER at www.PlayPalmBay.org.
July 18: 8:30pm Free Movie in the Park, Knecht Park, 1380 Glenham Dr NE. MUST PRE-REGISTER at www.PlayPalmBay.org.
July 25: 8:30pm Free Movie in the Park, Lynne Manion Nungesser Park, 1161 Lamplighter Dr NW. MUST PRE-REGISTER at www.PlayPalmBay.org.



CAUTION WE NEED TO FOLLOW HEALTH GUIDELINES!

It was a happy day for many when Gouverneur Ron DeSantis announced the phase two of re-opening of Florida on June 5th. But if you thought it was the beginning of a carefree time, you were out for a surprise. Bars, pubs and nightclubs were able to open and operate at 50% capacity as long as standing room is reduced and outdoor service areas are encouraged. Tables should be spaced 6 feet apart, and bar seating should be reduced and spread out. Tables should include space for no more than 10 people. The restaurant restrictions were loosened but the requested capacity of 50% remained.

Most of Brevard restaurants and bars have gone out of their way to protect their customers. Some places have closed - after they first re-opened - because a staff member tested positive for the Corona virus. They will disinfect their places, have new testings and re-open when it's safe.

When you visit a restaurant or bar, please remember that you have to do YOUR part to reassure that we can enter the third phase. Don't harrass bartender/waiters for wearing a face mask. Don't get upset if you can't get a table. Be friendly and disciplined. It will make it easier for all of us!



LOCAL LOWDOWN

By Steve Keller

It can't be July already, can it? In some aspects it feels like this year has been going on for a decade, for others it is flying by. AS you're reading this I hope you are well. It is the heart of the summer and we may or may not be back in the clubs playing shows on a regular basis based on publishing deadlines. I can attest however that the spirit of the scene remains strong. Social media, whether we like it or not, has become our pulse sounding board. I do try to stay in touch online as much as I can. Overall my experiences have been positive, and we look forward to what the future brings (I'm guessing humidity and sunburns but hey that's just me).

Yes, because I am a sappy romantic who remembers anniversaries, I am happy to report that July 7th marks the 13th year for **Best Supporting Actor**. We have played many a show, at many a place, with many a band over the years. One particular show that I remember is when BSA helped open a club in Cocoa Village. Also on the bill that night was a band called **Fleshweld**. I'm happy to report that they are once again on the scene and finishing up a new recording. The current lineup consists of Beyond on lead

vocals and guitar, Angel Marrero on bass and drummer Thomas Aton. The Rockledge trio has just booked some shows in the county this month and they can be found on their social media page for more information... Can't wait to welcome Detroit musician **Jennifer Westwood** and her crew back to our area. She is a truly talented singer/songwriter and performer. Follow her and her bandmates **The Handsome Devils** (including guitarist/husband **Dylan Dunbar**) online and back into their van as they make their way across the country. Brevard has been graced by their presence a few times over the years, always leaving audiences wanting more.

For those music fans who have traveled to Orlando and Daytona for shows, the name **New Dilemma** should be a familiar one. I caught up with lead singer Joey Factor as the news of their first cross country tour this summer was confirmed. "New Dilemma started Halloween 2017," he explains. "We signed with *Pavement Entertainment* on Black Friday 2019 while in the studio working on the new record." That new record, *Is Your Story Over?* came out late last month. The band also includes guitarist Clyde Clark. "I have personally been dreaming of this my entire adult life," Factor tells *The Lowdown*. Originally forming in Cocoa, the band now calls Port St. John home. "We wanted to take rock music to a new modern level," he continues. "With sounds from industrial to pop we threw caution out the window and did what we wanted to do. Our writing process consist of doing demos at the ND studio, and then joining our producer Ben Johnson from Reverse 13 studios who is also our co-writer." The first single and title track "Is Your Story Over" was released to commercial radio stations all over the globe. A video for the song "Playing Victim" also exists, starring local model and all around cool chick **Inga Jensen**. During our conversation, the band was told

that their summer tour with national recording artist **Smile Empty Soul** was back on. As you're reading this, they are traveling the country bringing their Bauhaus meets Stabbing Westward brand of rock to concert starved audiences. Best of luck to New Dilemma and we hope to see them in a Brevard venue soon.

Focusing again on our scene, we check in with true workhorse of a musician Matthew McCready. His diverse contributions from **Contenders** and **Fields of Saturn** to his most recently released songs from **Never Ender** and **Ektogasm** show his range for all things local. Hearing the latter's **Devils Dancing** made me even bigger of a fan. Excellently produced, the talents of the players (Casey Gardener, Tanner Crank and Brittany Grant) have really outdone themselves. McCready switches gears to talk about the new Never Ender EP *Long Shot* and their signing with Orlando's *Havoc Underground* record label. "They will be handling distribution and promotion," he explains. "It's weird cause all of us in the band collectively have done that ourselves, and now it's like 'just relax and play bass'." Find both bands online and check out the always clever and entertaining merch that's available as well.

The *Local Lowdown* doesn't just fill your eyes and light bathroom reading with local music. We cover all the original art forms, comedy being just as important. A friend for years, comedienne **Sheera Ann** has premiered a new internet endeavor on us all. "We decided to start a *YouTube* channel while we were on quarantine that could uplift and inspire people to be creative even in the midst of fear and uncertainty," she explains. "We wanted others to see the value of always pushing yourself to the limit beyond what you think you can become or what you're told you should become and see that you can always create from your own

place of magic that dwells within. We wanted to entertain and heal through brining about laughter to the world.” Hence **The Beth and Shee Show** (see photo below) was born, including (you guessed it) Beth. The videos posted are filmed/produced by Sheera’s fiancée Ross The Roamer.



“Our first episode got started when we were supposed to be getting dressed to take promo pictures for the show. We got distracted by some figurines on Ross’ office shelf of Cheech and Chong,” Sheera explains. “We thought it would be a much better idea to come out dressed as those characters instead of ourselves. Ross had no idea what was about to go down but once the outfits and makeup were on, we immediately got sucked into the role. Ross staged a quick foggy back seat scene in the garage with a smoke machine, filming it through the wind shield. No script, all improv and all done with one take and it became our very first comedy skit for the new channel. And just like that, it was the beginning of The Beth And Shee Show.” The production of the show as well as the quick wit-tiness of the comedy really stand out. “Ross films and edits all the production, music and sound effects, stitching it all together as if by magic,” Sheera quips. “We’ve never been happier to be involved in such a cool project that is uniquely our own.” Make yourself and anyone else you know happy and go subscribe to **The Beth and Shee Show** on *You Tube!*

What would it sound like if the singer of The **Slackadaisacals** fronted **Oranga Tanga**? You no longer have to spec-

ulate as **Oro de Rojo** will answer that! “I have been friends with all of OT since I first moved to Melbourne,” says **Andy Stanfield**, singer/founder of the hippie techno band. “When Cade Austin left Oranga Tanga last summer, I was asked to fill in on guitar and bass. However, early in the semester, **Jared Campbell** needed time to work on his Ph.D., so Anthony Darmana, Tom Van Dyke and myself decided to keep going. The songs are a little darker but with the incredible rhythms and musicianship. The lyrics are a little more introspective with polyrhythms from around the world with a bluesier, more Americana-sound at times.” The new band made their live debut last month with more shows to follow.

This has definitely been a year for the record books. Which record book, however, remains to be seen. Since you may have your day planner out in front of you, I do want you to jot some dates of importance down. **National Record Store Day** has been an iconic event in our country for decades. It was on that day that I met **Chris Lanza** of *Vinyl Request Records*. Normally held in April, the events of this year had forced it to postpone with a possibility of being cancelled altogether. For 2020, it was announced that there will be 3 Record Store Days; August 29th, September 26th and October 24th. ‘Why should I care, Steve?’ Well, first of all I’m slightly offended by the tone and utter ignorance of that question, but I’ll answer it anyway. Record stores for myself and countless others in past generations defined our lives. Whether it was standing out for hours waiting for concert tickets to go on sale or spending time discovering new music surrounded by people who got it, it mattered. Flash forward to some years ago at Vinyl Request Records, watching and participating in local music for kids who were too young to get into the bars. Record stores are a rite of passage, and this year we all have three opportunities to publically and

LOUDLY say so... Let me throw another date at you; Monday, July 20th. This is the last day in Florida to register to vote for the National election on November 3rd. *Rockthevote.org*

In this issue you’ll read a lot of great memories and stories about the life and time of **Paul Chapman**. I only have one. It was the finals of the Original Music Series at Lou’s Blues a couple of years ago. Paul was one of the guest judges that night to crown a winner. It was a brief conversation after an introduction. “I know you”, he said in a kind of amazement to the both of us.” We shook hands and this was the end of it. To me that was the beauty of his personality and his fame. Gone were the years of playing to 100,000 people in a stadium. Not gone was the admiration of millions and legacy of all the classic music he wrote and recorded. As bassist **Rob Deluca** (Spread Eagle, Sebastian Bach and current member of UFO) shared with me; “I saw UFO as a kid in 1980 just outside of Philly. Chapman was excellent on guitar. It’s a fond moment that’s etched in my childhood memories. Great player and songwriter.” I cherish the thought that such a rock legend could live peacefully in our county, taking pictures on his way to grocery store with fans as well as live his days amongst friends. RIP Sir.

Sadly, one of the area’s most popular dance bands, **The Divas**, called it quits: “After many amazing years of fun and joy working together and sharing that with you, we announce that there will be no more Diva Band. Due to some circumstances totally beyond our control, we have decided to end our fabulous run! You can still catch all of us with our other musical endeavors...Mikey on Bass and Joe on Lead Guitar with THE KORE, Stacy and “Guitar Fred” with Cover Story, “Keyboard Leslie” and Shelly with Bittersweet, Pam J with NiteFire and Michele with Michele Wood Music.”



Find Your Center of Gravity

By Bill Stanley

Science tells us Gravity is a downward pull or force the earth exerts on your body. Our physical center of gravity affects the way we live. We are able to walk right side up because of our physical center of gravity. Your center of gravity is the point around which all parts of your body are balanced.

I first heard of finding your center of gravity when learning to play basketball as a kid. My first coach used the acronym B.E.E.F. - Balance, Eyes, Feet and Follow through, to help us find our center of gravity and find the mechanics it took to be able to make a number of high percentage jump shots. I think the same is true of every aspect of our lives. To be able to perform at a high level and be successful in life, you have to know what your center of gravity is and how to find it.

BALANCE

Balance is the most important key to understanding and utilizing the mechanics to be successful. It doesn't matter if you're playing ping-pong or football, balance keeps all other mechanics in check. Balance allows an athlete to find accuracy utilizing their center of gravity. It's scientific in the sense that if the parts of their body aren't balanced, then they can't have accuracy in finding the goal post or hitting the baseball.

Our lives are not much different. Balance can be hard to find, especially when we are so busy with so many responsibilities. The year 2020 hasn't been a stellar year for most of us due to the rapidly changing issues with Covid-19, but if there is one take away I appreciate, it is the balance I see my fam-

ily and my neighbors finding. I have hated being out of work and finding the money to pay for the lifestyle I've chosen, but I also love that I'm living the best balance in my entire life. I'm finding time to work out, get home repairs done and most of all spending quality time with my family. Balance isn't easy, but its the most important part to finding the center of your gravity.

EYES

My coach used to say, you can't hit what you can't see. I think this plays a role in finding our center of gravity in our lives because we can't accomplish what we can't see. This means we have to set our goals, keep our eyes on the prize and no matter what keep pressing forward to see those goals through. We don't accomplish what we set out to do, because far too often we lose sight of the bigger picture. Are you saving up for something? Then keep budgeting. Are you trying to finish a home project? Then accomplish a bit each week. You might not be able to accomplish things in big chunks, but you can continue to take little steps along the way. Either way, keep your eyes on the prize.

FEET

Finding our center of gravity eventually involves our feet. Many might think this is the first thing, but as we've already established, balance is most important. However, feet and balance go hand in hand. Athletes all the time, contort their body in all kinds of positions to succeed in their sport; but no matter their body position, it all starts with their feet. If their feet are balanced and set in proportion to the rest of their body, then their center of gravity is square.

I believe this relates to the foundation of our lives. To be successful, there has to be a *WHY* to the equation. The most important thing is the "why". There has to be a foundation? Our belief system or philosophies fuel what we strive to do. It is our foundation. It

is the reason for why we continue to strive to do certain things, even when others would have given up a long time ago. You can accomplish amazing things when you keep the footing of your foundation. Continue asking yourself, why? Why do you do it? Why you must do it? Does it fit your beliefs. If it does, it is always worth doing.

FOLLOW THROUGH

We end our discussion with follow through. This doesn't mean its the least important. It means it is the what ties all other things together. Follow through is how we keep our balance in life. It is how we continue ask the right questions and keep our eyes on what is most important. Sometimes the answers to the questions are not easily found. So we have to ask for help. This is where follow through comes in. If you can't do it yourself, then find someone who can. Find an expert in the field and find how they do what they do. Also figure out why they do it and how they continue to be so successful year after year. You have to follow through though. Many times in my life, I received advice and thought it was either too good to be true, or often thought I just couldn't do it. So I didn't follow through, and time and time again found myself wondering why I wasn't successful.

We can all be successful and we can all do it by finding our center of gravity. Find something or do something that allows you to keep balance in your life, keep your eyes on the prize and your feet on the foundations of what you believe. If everything you believe is worth living and dying for then follow through and change the world. This is why I love music and entertainment so much. I believe the lyrics to many hit songs are tied to the very same things we hope for and often struggle with. Sometimes their story is our story and sometimes the stories of others can help us find our center of gravity. Keep searching friends, and don't give up on your dreams.

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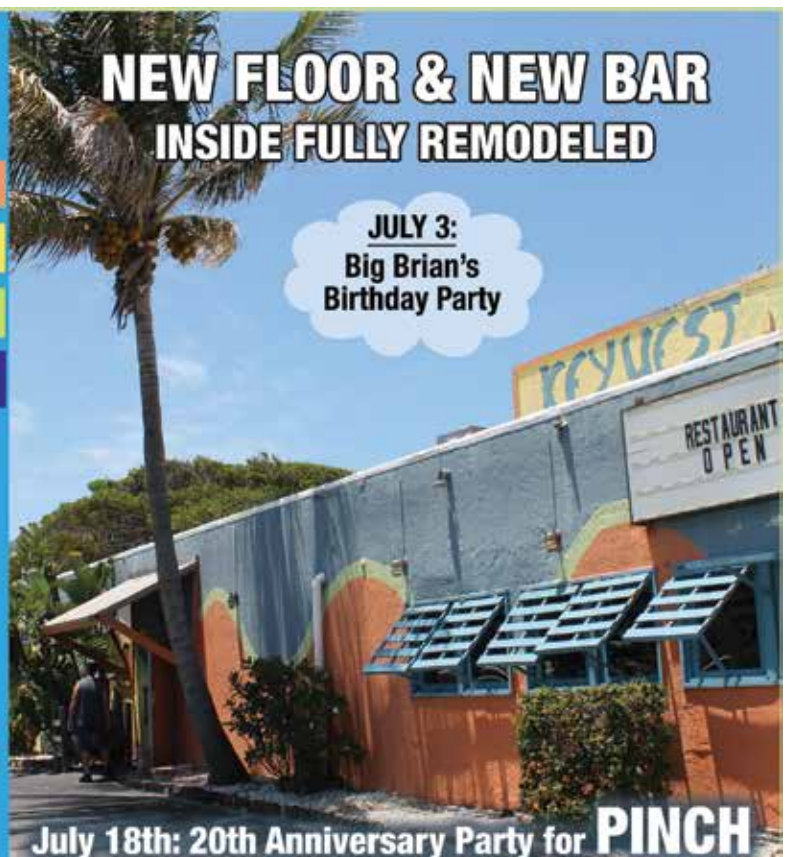
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ROCK YOUR HEALTH

The Times - They Are Not Changing

by Richard Hendry

These are highly volatile times and everyone is free to their own opinion. Also, opinions are not automatically facts, including mine.

With that said, and in my opinion, we got some problems, new problems that we are trying to solve with old tools. In business, there has always been a saying “we have to give people the tools for success – not set them up for failure.” Meaning that if your employees fail, your business suffers. When it comes to parenting, the rules are the same.

However, many believe that people should just look around and see what everyone else is doing at work or school and act accordingly. Which is to say, they should have some inherent skill that only allows them to be influenced by good behaviors. When I say it that way – it sounds silly right? Cause it is. No one is above influence – no one! We are influenced by family, friends and the world around us and never before have we had such a 24-7-365 amount of input.

This is a new problem – one that will not be solved by using old methods. One of those old methods is to explain things in simple terms that do not take any of the real, human and complex issues into account. Then act as if a simple solution will fix it. Only addressing the symptom – never addressing the cause.

Take our current situation, after a long and scary few months of confinement and worries about health, life and income, there is an inflection point event. The death of George Floyd is that inflection point. And now we have protests and some people in these protests have become violent. They have lost control and damaged their neighbors’ property and hurt people that have had nothing to do the problem. Many have gone to jail and on both sides – bad behavior has been big news.

These acts are confusing to the mind. And in that, they become easy to define as the acts of bad people. Then, whatever actions taken on the part of law enforcement are justified and because of that – whatever actions taken on the part of the protesters seem justified as well. This is called a Reinforcing Loop. Where one act is followed by another, and then it grows exponentially. And only serves to reinforce the old preconceived ideas on each side. Those preconceived notions are: “The protesters are dan-

gerous – we must be ready!” and “The police are dangerous – they will hurt us!” It is a Self-fulfilling Prophecy. Further reinforcing that our ideas are right. Beyond that, we never deal with the cause of these events. It is a complex problem filled with social divisions, racial inequality issues and a lack of understanding of each other. None of these things will ever be solved by breaking windows or setting fire to police cars.

So why does this keep happening? There is a simple reason. None of people involved have been given the right tools to succeed. Everyone on the streets these past weeks were set up for failure.

For the protesters; they have never been given a reason to believe that a few phone calls or emails to the right party could bring about some kind of change. In every sense – the people in this country have lost faith in the establishment to act on their behalf. Governments will not act to prevent unfair treatment. Further, when anyone tries to attract attention to a cause – they are ignored unless it also serves a political agenda. They seem unwilling or unable to address the cause. This is being set up of failure. Everything is fine until it is not – then we respond by trying to suppress the situation rather than learning from the past. Civil unrest, protests follows and that is a tinderbox that only needs a spark to explode.

Case in point: if I was filmed with my knee on a man’s neck for 8 minutes and then he died – I would have been in custody that night. I’m not saying that would have prevented the protests and riots – only that it would have taken a lot of gas out of the fire.

For the police; policy makers have given them no new tools to respond to these situations. There is no unified or standard practices in place to head off trouble. Leaving the front line defense, the police, to handle a mess that could have been avoided. They have not provided a means by which grievances can be heard in a fashion that the public feels they are valued. Or, moved on former complaints to show the public that they have a history of taking action. In this way they have set up the police for total failure and put them in danger. The police also ends up being most people’s only interaction with authority – an unfair position to be placed in.

Case in point: police officers in a city 2000 miles away from the place George Floyd died being injured or killed. But that is what happens when there is no forethought on the part of policy makers. No due consideration to what has happened before and no action taken unless some agenda is served.

If we are ever to return to a government of the people, by the people and for the people – we are going to have to change the way we treat and listen to – THE PEOPLE. We got here by ignoring the populations needs and rights

continued page 27

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Harm Reduction

If I just slow it down a little and not use as much maybe that will work.
 anonymous client

My response on that type of statement was “If I was hitting you over the head with a bat would you want me to slow down or stop?” I know, kinda sarcastic and not very therapeutic, but it makes sense doesn’t it? I mean, if the disease of addiction has its ugly grip on you, any use can claw you back into chaos. The immediate risk of death was nowhere near where it is today, thanks to Fentanyl, and we have learned that multiple pathways to recovery can lead to a healthy productive life. So here are some of my thoughts on what we call harm reduction.

The first thing that comes to my mind with a harm reduction model, is how vastly open it is to finding any way to help a person live thru the day. It also tends to focus much more on other things in life that have become complicated or compromised by the substance use. Things like infectious diseases, HIV, Hepatitis C, and overdoses.

The first thing that comes to many other minds about this model, is that it has the appearance of enabling, compromising with an individual too sick to understand the risks involved, and encouraging continued use rather than recovery. Can both things be true? Are we compromising with a sick person and therefore enabling their sickness?

I don’t believe that. Although the mindset is valid, if done correctly the true goal is met. What is the true goal? To most I’ve ever met in my office, it is to have a better quality of life. Key word in that sentence is LIFE. We may want them all completely abstinent in the end and never use anything addictive. However, they will never get that if they’re dead.

The science and understanding about addiction has grown so much since I quit using 31 years ago. I came in like any child came into the world back then. “They should be seen and not heard.” You wouldn’t even get a hug when you got emotional back then. They would simply say good, feel it, think about how your family and your victims feel. This approach actually worked for me because the climate of the world was on the same page.

Today we have sympathetic and empathetic ears, people caring what you have to say, and tissues, yes, lots of tissues. I'm not comparing yesterday and today to say which is best, just simply acknowledging how times have changed.

I came in with many other cocaine addicts. Our amygdalae all shrunken and damaged. The amygdala is responsible for much of our decision making and emotions. When damaged it's hard to feel good about anything. So our medical models in place at the time treated this as Major Depression and prescribed anti-depressants. Guess what happened in many circles of recovery? They were told they were still using and were not really clean until they got off of all substances. Guess what happens with untreated depression? Suicide.

We have to learn from our past to not repeat it. Recovery should be attractive, non judgmental, and available to everyone seeking it. Not just those that do it a certain way. We need to explore and further research Medication Assisted Treatment, Medical Marijuana, Needle Exchanges, and Safe Injection Sites just to name a few.

We are still losing over 185 people a day in this country due to overdose as of 2018 numbers. Fentanyl is real. It's potent, deadly, and used in opiates and now being found in other drugs to provide a more intense effect. It's highly addictive and dangerous because just a little too much can lead to a fatal dose. This is the game changer that is out there and causes the demand for safer means to an end. Again, we cannot help anyone if they are dead.

I know we are distracted by Covid-19, lockdowns, police brutality concerns, demonstrations, protests, riots, occupations (CHAZ), elections, hurricane season, and whatever else 2020 chooses to participate in. This doesn't change the pandemic we were already in.

For more information on harm reduction and how it can work, or any other topic on addiction or recovery please visit [youtube.com/thecouchlive](https://www.youtube.com/thecouchlive).

ROCK YOUR HEALTH continued

and then throwing the men and women that do not make the rules into the fire. The police do not need help in the streets, they need policies to ensure that the streets are not the only place where the population can turn in these times to get attention. They will enforce whatever laws there are – that's their sworn and often thankless duty.

But as the saying goes "an ounce of prevention is worth a pound of cure." The policy makers must think about how to prevent trouble - ahead of their own political needs. We must treat everyone equally and value all life. Else-wise, no one will feel safe. It's like the old saying: "No one can be free until all people are free."



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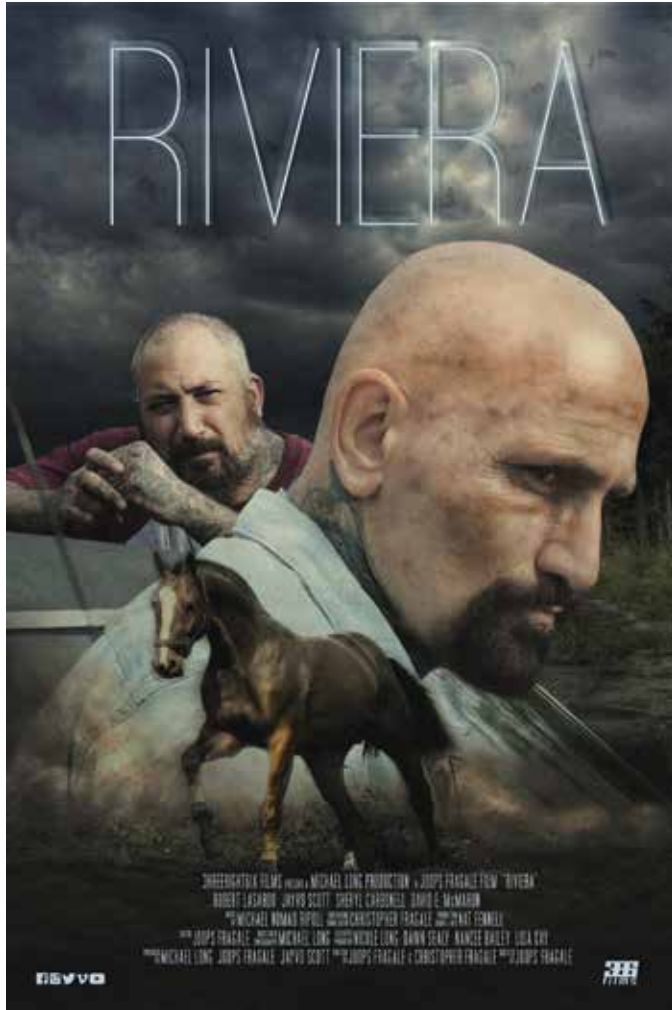
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JAYVOS COTT

By Steve Keller

Jayvo Scott leads an interesting life. As one of the many tattoo artists/shop owners in Brevard County, his artwork adorns many people, including yours truly. His shop, *True To You Tattoo*, recently made a successful move from Merrit Island to Melbourne as well as a long awaited reopening after the Covid Pandemic earlier this year. But Scott’s talents far exceed the walls of a tattoo shop.

“I’ve always wanted to be an actor,” he comments in an afternoon conversation held last month. “When I was two I used to perform for my family at dinner. I went to a performing arts magnet high school and have been training in TV and film my whole life.” Scott used his talent and colorful appearance to get in front of a camera. “About 10 years ago I answered a Craigslist ad for independent films”, he recalls. “That led to doing extra work. My networking while on set opened up a lot of doors for me, and I have built a solid rapport with many industry folks ever since.”

Soon Scott was getting acting jobs on national TV shows and movies. He was able to combine his two loves by appearing on Season 5 of the reality show *Inkmasters* along with his tattoo artist brother Robbi Ripoll. That show opened up doors for the brothers along with Cocoa Beach tattoo artist Mark Longnecker (*Endless Summer Tattoo*) to appear in promotional appearances and Tattoo Conventions across the country.

Prime Time television welcomed Scott into living rooms in 2018 with a six episode reoccurring role on NBC’s *Good Girls*. He played Dags, the muscle bodyguard of head bad guy Rio. Much like most of his roles so far, Scott’s tattoos and menacing appearance somewhat typecast him but got him work. At the same time he was broadening his resume not only with acting roles and music (his alter ego rapper pThuggie) but also as writer and producer of projects. Enter business and writing partner Jason ‘Joops’ Fragle.

“I’ve been making films from the time I was a kid with the full size VHS Cameras,” Fragle recalls. “After moving from NY to FL in 2002 I eventually met my film partner Mike Long and started *386 Films*.” Their company began making short films, music videos, commercials and other types of promotions. “In 2012 we shot a film called *The Guy Knows Everything*”, he continues. “This is where The Jayvo Scott came into my life. He auditioned for the lead tough guy, but I had him try for the scene stealer comedic role and he nailed it. The film did really well in the festival circuit and even got us an invite to Sundance to do a VIP Showcase. While in Park City, Jayvo had a germ of an idea for a story about a Tattoo artist. A few years ago we started working on that idea in series form and have gone on creating various projects with *Riviera* being the latest.”

The movie *Riviera* is intense. Clocking in at just under 17 minutes, the story is one of complexity. The story of how the movie idea came to light, as told by Scott in a behind the scenes promo video posted online however, is a different kind of entertaining altogether. “I bought this car, a 1968 Buick Riviera with the intentions of turning into a low rider,” Scott begins enthusiastically. “Joops loves car so I told him about it. He comes over and takes a bunch of pictures of it. Three days later, dude’s like ‘yo I got an idea. I wrote a script. I have a story; it’s about two guys and this car’.”

The plot of the movie centers around two main characters; Raffi (played by Scott) and David. A day together will test their friendship and change their lives forever. As writer and director of the project, Fragle had one question; 'Do you think we can get Rob to play David?' The 'Rob' in question was none other than Robert LaSardo, a NY born actor that has over 150 movie and TV acting credits to his name. You may not know his name but you know his characters. From big screen roles in 2018's *The Mule* starring Clint Eastwood to his role as Escobar Gallardo throughout the TV Series *Nip/Tuck* in the early 2000s, he is very recognizable. "He was always someone I looked up to," remarks Scott. "I got to meet him on the tattoo convention circuit. We became friends and I sent him the script. He said 'this is good, I want to do it'."

"I felt it was an opportunity to embrace a true character study without the usual clichés that assault the integrity of actors with real tattoos," LaSardo answers via email from his home in California. "When I read the story I realized there was an innocence present that would allow character development through vulnerability. I was able to take the mask off in this one and finally breathe within a disposition of grace."

"This came together the fastest of any project," recalls Fragle. "It went from a well-funded project with all the gear and crew to a no budget, small crew, camera on hand project a week before shooting. We changed locations, fired our cinematographer and lost all the gear. This was about as stripped down a project there is," he continues. "But then we had Robert LaSardo so we had to make it the very best we could with no excuses."

Once it was released, the viewing world more than accepted it. It won *Best Cinematography and People's Choice Award* for Best Film from the 2019 Melbourne Independent Film Festival. Local social media blew up not only because of hometown hero Scott's involvement but the quality itself of the movie and the acting of both Scott and LaSardo. "Social media is a weird beast," questions Fragle. "I find it's good for research and connecting with people. But at the same time the falsehoods that are portrayed and the comparisons to other people's "successes" can be distracting. I'm not great at playing the social media game as others who use it as a main tool. I'd rather be offline making shit."

Riviera has you hooked from the very beginning. As with many short films, everyone involved has expressed interest in making a feature film version of the story. "I feel that there is so much more to be explored with this story," LaSardo continues. "We merely scratched the surface to indicate what's possible. There needs to be an in depth version of this film, so that the audience can witness the genesis of these characters and why they appear in their circumstances as they do."

Scott's acting stock has definitely risen with this roll. "We didn't have to be gangsters, we got to play real guys. People with real emotion dealing with real time stuff," he exclaims. "We're not robbing anybody, not shooting people up. We're not doing none of that shit. It's a true friend story. As actors we can do other things other than play bad guys, even though I like to play bad guys, too." When asked what would happen if Hollywood Blockbusters came calling, Scott answers, "I would do it, but would keep my house here as well as my business and go between both places." Industry vet LaSardo offers advice to anyone ready to chase the dream. "Perseverance is a practice that encompasses a lifestyle. Your life must be totally committed to the stage and what it demands. You cannot allow doubt in any form to disgrace your faith in what you know to be true about your journey. Bottom line, show up prepared with a lifelong commitment regardless of results."

All of the people responsible for *Riviera* have new projects coming up. With all the success of the movie and the press garnered around it, Scott still marvels at its simplistic origin. "We shot this whole thing in three days. My brother, Nomad, scored the whole film," he reflects. "It was so cool to work with my brother, and Robert LaSardo and Joops on this for a real project. We had an amazing cast and crew. Our wives supported us. It was so cool that everything came together." Chalk one up for the 'Bad Boys'...

You can watch *Riviera* online on Vimeo directly or visit Jayvo Scott, *True To You Tattoo*, or *386 Films*' Social Media pages.





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Rigg's Outpost FISHING REPORT FOR JUNE

by Pompano Rich



July is Summer! The fishing is great if you follow my guidelines. Dim light before the spectacular Brevard sunrise is a super choice. Got up late, don't fret. Late afternoon into the early evening is also a wise choice.

The beach is always a wonderful adventure. Bring the fishing gear and the appropriate accessories to enjoy the shoreline surf. When choosing a beach for safety, the life guarded beaches are North Melbourne thru Cocoa Beach. Remember protected beaches don't usually have the best fishing.

South of Indialantic thru Sebastian Inlet are the fishing beaches and there are numerous places to go. My advise is to take a scouting ride the day before. See where folks are fishing and what they are fishing for. If the surf is up then the surfers will be enjoying their hangouts. I recommend you don't fish around surfers. It's dangerous for both parties. Plus most fish will avoid the board shadows and dangling feet. To them it could be a potential predator! I would also suggest an early dinner and check out early evening on the beaches.

Snook, whiting and summer pompano will be the targets. Snook ranging from 5 to 15 pounds will be chasing mullet and menhaden. Snook are a spectacular favorite to catch statewide. Fishing these line siders require beefy tackle and most often live bait. Unless you have a cast net I would say buy live bait. Snook are regulated and out of season until Sept. 1st. So it's a quick pic and release gig.

Whiting and pompano are the prized fish for both sport and eating. Whiting will be more prevalent. If you enjoy sweet fresh fish, this is the easiest to catch. It's a member of the ling cod family. Light spinning rods armed with fresh shrimp, clams or sand fleas is the ticket. The casting distance is only 30 feet. A super rewarding thing to do with the kids. Pompano, a delicacy, require a 9 to 12 foot surf rod. The baits used are the same. Riggs Outpost has special rigs that are designed to catch fish by species.. So if you're a novice you could just say "whiting rig please."

Offshore is amazing and I'm gearing this column to catching fish that are abundant, easy to hook and tasty! It would be an evening charter or party boat ... Fish less than 2 miles offshore in 50 to 60 feet of water. The numero uno fish is mangrove snapper! Two to five pounds. A cool fight and a neat red and green scaly texture! Everything on the reefs is super colorful and most are great to eat. For instance google up queen triggerfish and yellowtail snapper. I promise you this worth the trip.

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FRIDAY

DJ CHRIS 7PM, BANDS 9PM

JULY 3: TWISTED MINDS

JUL 10: 7TH PLANET

JULY 17: SHOVELHEAD

JULY 24: ROUGHHOUSE

JULY 31: SEED

SATURDAY

DJ CHRIS 8PM, BANDS 9PM

JULY 4: TOUCH OF GREY

JULY 11: MARC DOBSON

THE ONE MAN BAND

& TAIL GATE PARTY

JULY 18: 21 TO BURN

JULY 25: SLYD



HAPPY HOUR

\$2.75 wells and \$2 Bud & Bud Light drafts

Mon-Fri 4-7 pm

Mon 7-10:

\$2 Bud & BudLight drafts

Tues 7-10:

70¢ Wings Dine In Only

17 TVs • Pool • Darts



*Keeping our customers and staff safe is our number 1 priority
Continuous sanitizing and nightly deep cleaning
Siggys will continue to serve in plastic cups, paper plates & plastic ware*

1153 Malabar Rd NE • Palm Bay • 321-952-0104

Located at Interchange Square, just west of I-95 • www.siggysamericanbar.com

PIZZA • BEST FISH TACO • BURGERS • CHICKEN WINGS • COCKTAILS & BEER TO GO



IN COCOA BEACH
WHERE 520
MEETS THE BEACH

4301 OCEAN BEACH BLVD.
321-799-2577

HOME OF
THE FISH TACO
WE FOLLOW ALL
HEALTH GUIDELINES



Chef Jason is cooking
Mon & Wed thru Sat open 4 pm
Sunday Brunch 11am-3pm
Check Facebook for Daily Specials
Please call for Reservations
321-613-3573

LIVE MUSIC FRIDAY & SATURDAY

REGGAE FRIDAY: 7/3: Dub Masters; 7/10 Musical Seduction;
7/17 DJ Lioness & DJ Selector Longnecker; 7/24 Dub 321; 7/31 506 Crew
SATURDAY: 7/11 UFC Fight; 7/18 Rios Rock Band; 7/25 Hot Pink

MEXICAN MONDAYS
4PM-12AM
FREE MICHOS
WHEN YOU BUY YOUR FIRST
PITCHER
\$1 MARGARITAS
Cocoa Beach, FL
\$3 PER
\$3 ROLLING ROCK CANS
\$3
JACK, JIM & JOSE

TACO TUESDAY 4PM-12AM
DJ 9PM-1AM
TACOS 1/2 OFF
DRAFTS 1/2 OFF
Coca Beach, FL
HOME OF THE FISH TACO

WCW DIRTY LOVE
WEDNESDAYS
MUSIC BY
DIRTY POWER AND
LOVE VALLEY
8PM-12AM
\$3 WICE CLAWS
ALL FLAVORS
FREE WINGS
WITH ANY PITCHER OF BEER 4PM-12AM

PIZZA PARTY THURSDAYS
4PM-12AM
LARGE PIZZA FOR THE PRICE OF A SMALL PIZZA!
KARAOKE 8PM-12AM
Cocoa Beach, FL
\$4 BIGARDI AND FLAVORS

REGGAE FRIDAY NIGHTS
LIVE REGGAE MUSIC
EVERY FRIDAY 9PM-1AM
ONE POUND
CRAB LEGS \$14.99
Cocoa Beach, FL
WHERE 520 MEETS THE BEACH!

\$4 FIREBALLS \$3 JAGER BOMBS
\$2 JAGER SHOTS
\$2 MULLER LITE & COORS LIGHT
2002 DRAFTS
\$1 HURRICANE SHOTS
THE SANDBAR PRESENTS SANDBOOZE SUNDAY
SUNDAY'S FAV
Cocoa Beach, FL
HOSTED BY KING REGGZ
EIFFEL PONG

WWW.SANDBARSPORTSGRILL.NET • FIND US ON FACEBOOK AND INSTAGRAM

