

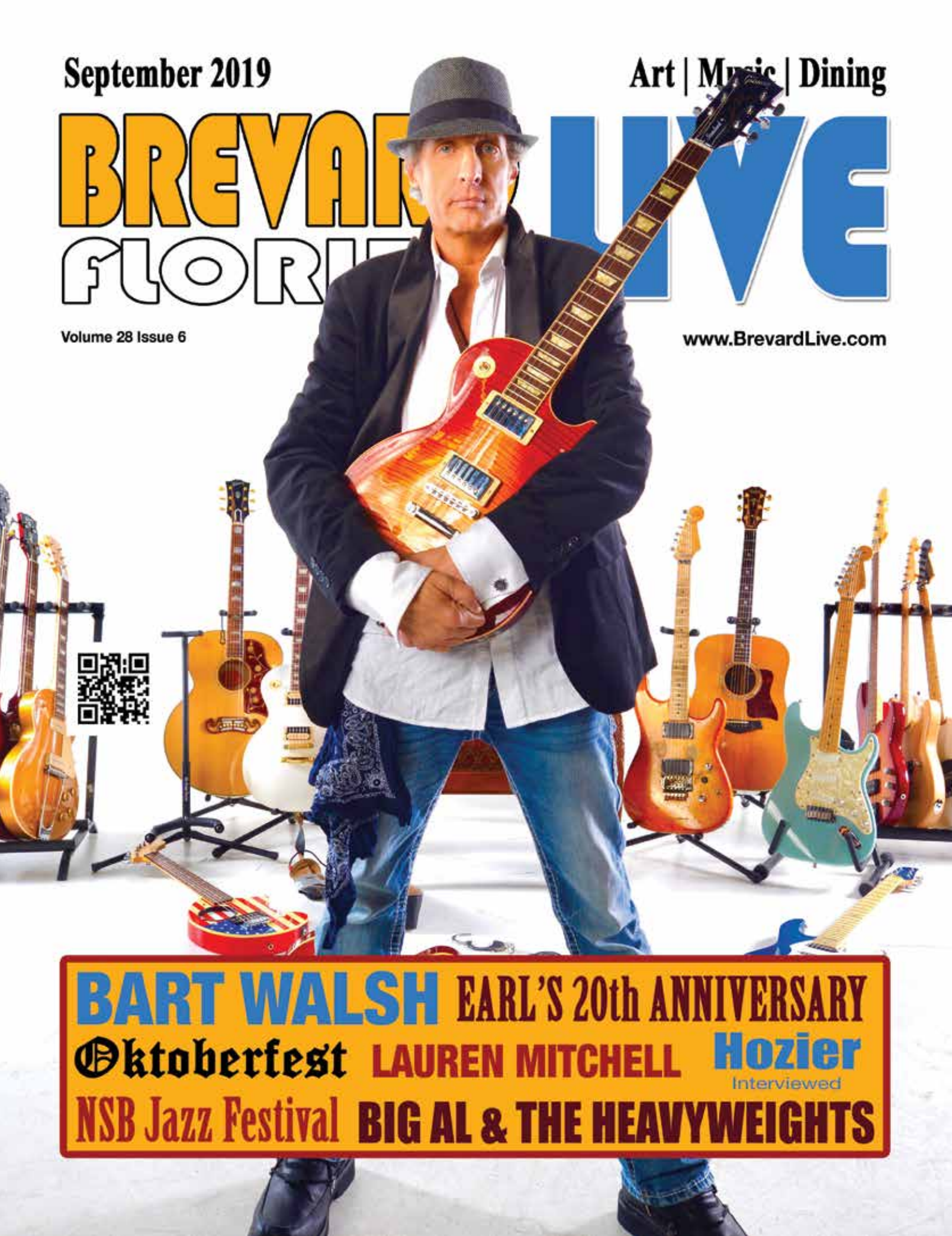
September 2019

Art | Music | Dining

BREVARD FLORIDA LIVE

Volume 28 Issue 6

www.BrevardLive.com



BART WALSH EARL'S 20th ANNIVERSARY
Oktoberfest **LAUREN MITCHELL** **Hozier**
Interviewed
NSB Jazz Festival **BIG AL & THE HEAVYWEIGHTS**

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THE DUKES

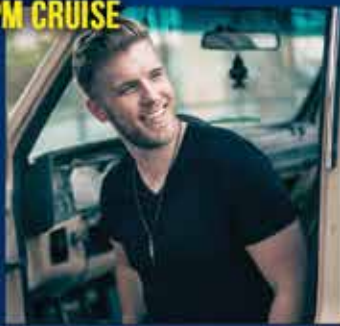
AM CRUISES



SEPTEMBER 13TH

BRANDON RAY

PM CRUISE



SEPTEMBER 14TH

CHASING AMY

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SUNDAY, SEPTEMBER 1
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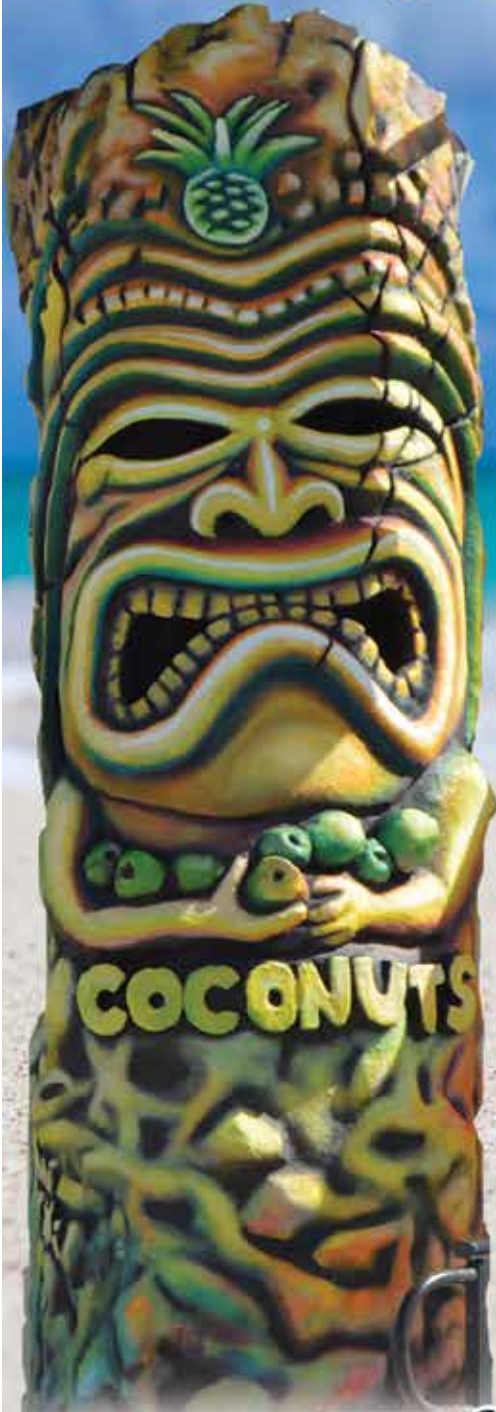


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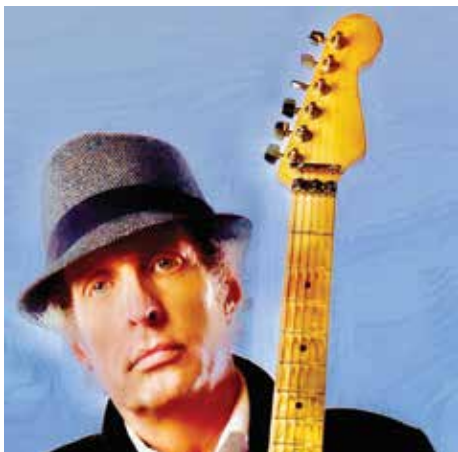
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BONNAROO: HOZIER

For the past 10 years Matt Bretz has rubbed elbows with famous personalities. This year he was thrilled not only to see and hear one of his favorite performers, but he was also able to sit down for an interview with Hozier.

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NSB JAZZ FESTIVAL

The 19th annual New Smyrna Beach Jazz Festival takes place September 26th to 29th. The line-up of performers is impressive, among them Brevard's jazz songbird Sybil Gage and her Merry Band of Catahoulas. Also appearing are The US Navy Band Southeast VIP Combo, LaLucha from Tampa.

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JUDY TATUM LANE

Judy has always been a humble person. The only thing bigger than her talent for photography is her compassion for music and her fellow friends.

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to
SEP 2

34th

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RADISSON RESORT AT THE PORT

MON, SEPT 2ND

SURFING FINALS* AND AWARD CEREMONIES

*SURFING BEGINS AT 4AM



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COMMENTS & LETTERS

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BREVARD LATELY



VIERA WETLANDS AT SUNSET. This is the place where photographer Judy Tatum Lane takes her photos during the day. It is still a paradise for our native wild life but: "All the birds are in trouble and losing ground due to loss of habitat, cars, poison," writes Judy while sending us her photos. Being a very private person, Judy just recently displayed her photos, first in the Suntree Library; then she was invited to the Artisan Fair where she won first prize for her photography. Read the interview with this amazing artist on page 44. Photo by Judy Tatum Lane

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West Melbourne

Oktoberfest

If you like to celebrate a hearty Oktoberfest with German music, authentic German food and German beer, visit the club house of the Knights of Columbus Fraternity Gabriel Council 3746 on 2150 Dairy Road in West Melbourne. Never heard of this group? Neither did we despite of the fact that it's a prominent building that you have seen many times when you travel on Dairy Road. The Knights of Columbus is the world's largest Catholic fraternal service organization. Founded in 1882 by Michael J. McGivney in New Haven, Connecticut, it was named in honor of the explorer Christopher Columbus. Originally serving as a mutual benefit society to working-class and immigrant Catholics in the United States, it developed into a fraternal benefit society dedicated to providing charitable services, including war and disaster relief. Pope John Paul II referred to the order as the "strong right arm of the Church" for their support of the church, as well as for their philanthropic and charitable efforts. In 2018 The Knights gave \$185,682,989 directly to charity and performed over 75,640,244 man-hours of voluntary service - and that is only a very small part of their efforts.

The Knights of Columbus in our neck of the woods decided to organize this Oktoberfest as a fundraiser for their fraternity. "It will be great family fun," promised organizer Frank Meyer. Seats are limited and tickets can be purchased in advance for \$25 at the club house or by calling 321-474-5824 or 321-508-3624. Included is the food served from 6-8pm, there is a cash bar available. Enjoy a charitable festivity with a good cause for our community.



All Labor Day Weekend, Aug. 29 thru Sept. 2
Earl's Hideaway, Sebastian

20th Anniversary Party

Time flies when you are having fun. For the past 20 years Earl's Hideaway has been under the same ownership and management. Once a motorcycle bar, it has undergone some changes during the past two decades and is now known to be a destination for live music lovers. Nowhere else will you find national touring acts perform every Sunday afternoon without paying a hefty admission charge. Not at Earl's - not even when they feature five days of music during Labor Day weekend to celebrate their 20th anniversary with their many patron.

Earl's Hideaway has quite a colorful history. It has been a landmark on the Riverfront in Sebastian, Florida, for many years since the 1950's. It was founded by Mr. Earl Roberts, who was once Sebastian's Mayor. And now you know where the name comes from that has never been changed. What has changed is the property itself. The place that once only served drinks has blossomed into a restaurant that serves breakfast from 7 to 11 am, then you have wholesome food from the grill including burgers, chicken, fish, wings, shrimp, clams, etc, while Earl's New York Style Pizza is a delicious alternative. The view over the river is breath-taking, and it's the truth when they advertise that "You Can't Beat The Feeling" at Earl's.

The anniversary party starts Thursday, August 29th, 8pm with Dave Scott & Tumbleweed, and continues on Friday, the 30th, 8:30pm with Love Valley. Saturday, the 31st, Sol Party takes the stage at 2pm followed by Crashrocket at 8:30pm. Sunday features, as always, a national touring act, Lauren Mitchell. The same evening at 7:30pm The Stone Clones pay tribute to the world's most famous rock band. The party continues on Labor Day Monday at 2pm with the band The Wavelengths. Enjoy the entire weekend!



Tribute Artist, Songwriter, Gutarist of David Lee Roth Band, Producer, Studio Owner

BART WALSH

By Steve Keller

Veteran musician/producer Bart Walsh is a punk. An “Atomic Punk” to be exact. Recently relocated to Melbourne, his resume includes gigs, both on stage and behind the scenes. His most high profile assignment involved touring the world in the 90s as a side axman for “Diamond” David Lee Roth of Rock’n Roll Hall of Famer Van Halen. Our story, however, begins many years before that...

“I remember exactly where I was,” he recalls last month in an interview from his home studio. “Where were you when Kennedy was shot? The Challenger disaster? For me it was the first time I heard “Eruption” by Edward Van Halen. I was a 13 year old guitar student. That literally changed everything for me.”

“Everything” began in a small town in North Carolina. Music came early for Walsh, whose uncle would come over on Sundays and teach him the finer ins and outs of stringed instruments, the banjo and lap steel. Not too soon after listening to Van Halen I, Walsh found his calling.

Walsh cut his teeth playing up to six sets a night in the Southeast club

circuit. After that lost its appeal, he ventured out west to become a star. Walsh found himself in the hallowed halls of Guitar Institute of Technology in Hollywood, Ca. He made lifelong friends quite quickly. “I was walking around the campus and heard this sound,” he remembers. “It kept getting faster and faster. I then realized that this machine-like noise was actually the picking of a guitar.” The person responsible for said picking was prodigy and soon to be **Racer X** guitarist Paul Gilbert. Gilbert would go on to be regarded as one of the best guitarists in the world, doing session work and recording and touring to this day as a member of rock super group **Mr. Big**.

Walsh took his experience in

school as well as being on the Sunset Strip in stride. He put together a band called Lancia. "We have gotten a record deal, recorded an album and were ready to go. Then grunge came along and wiped us out," he remembers. A second coming of sorts materialized with a record contract offer from Japan, where 80s rock was still in fashion.

"We were set to play a high profile gig in LA when our singer disappeared. I didn't want to lose the booking, and we didn't have a lot of time to pull it all together," he says. Walsh and his band (with fill-in singer Ralph Saenz) decided to perform an all Van Halen set. "I told the club-owner that I didn't want to lose the gig and that we would do an all covers set, which was pretty much unheard of for its time and especially on the strip. "What will you call it?" the club owner asked. I had a VH tablature book with me and opened it to a random song. **Atomic Punks** I answered. We did our set and the crowd went crazy." The Atomic Punks were invited back the next weekend to another sold-out show. The thrown-together-so-we-don't-lose-our-gig turned into the most sought after show in town. Walsh had the Eddie licks down and Saenz, an up-and-coming singer in his own right, played the part of Van Halen singer David Lee Roth. Little did Walsh know that soon he would get a call that would change his life once again.

David Lee Roth left Van Halen and directly went into a solo career. He obtained modest success on his own. In 1998, he recorded as the DLR Band with studio musicians including John 5. When it was time to tour in support of the record, Walsh received an offer he couldn't refuse.

"Roth knew about me due to the Atomic Punks gigs," he recalls. It was at a show in Pasadena that Roth's road manager and sister would make the final call. Walsh's life changed forever. "In 1999 we played all over the world," he recalls. "Here I was onstage with the man himself, learning very quickly

where and where not to stand," Walsh laughs in reference to Roth's very acrobatic stage moves.

The Punks reputation followed Walsh to his new gig. "We were performing in Russia. There were two very lovely ladies off to the side of the stage. They commented that they couldn't believe that they were able to see the guitarist of the Atomic Punks perform in person (*laughs*)."

Things were going far better than Walsh could have ever imagined. In true rock-star fashion, the once tribute performer was playing with his hero. Famed producer Ted Templeton was going to be brought in to produce an album to be written by both, Walsh and Roth.

"I began writing and recording demos to give to Dave to collaborate on. He knows it when he hears it," he says. "We were in pre-production when I was invited to a meeting. Alternative music was popular. The proposed album was shelved in favor of Roth going in "another direction musically and creatively." Walsh was the odd man out.

Alas, situations like this are the reason it's called the music business. After the DLR gig ended, Walsh travelled back east, this time to Nashville. "I had a publishing deal and also write country songs," he explains. Walsh landed a gig at Gibson Guitars. He traveled, doing hundreds of guitar clinics demonstrating their products. "Nashville is also where I met my wife, now my ex-wife," he deadpans. After his stint there he traveled further east. A place where his family had vacationed as a child. A place where he could escape to and make a fresh start; Melbourne, Florida!

"I bought this house from my mom and am slowly remodeling it," he continues. "I have started *All Of It Media*. I do photography, music videos, and production. One of the main projects the company is involved with is a documentary on the legendary Les Paul.

The business and dwelling are still in development. It's also an Air BnB," he chuckles half seriously.

Walsh plans on taking all the unused and underappreciated song ideas from his career and record the elusive solo record. "It will cover all the different genres of music that I've been a part of," he says. He also has plans to work with Reality TV and internet sensation 'Little Ozzy' in a tribute act tentatively titled *Bark at The Moon*. "The guy can sing just like Ozzy Osbourne and I've always been a fan of Ozzy's music."

The project that has generated the most buzz earlier this year is *Six Degrees of Van Halen*. Walsh got his inspiration for the group right here in Brevard. "I was invited to the King Center to catch up with my old road manager (the same one who got him the Roth gig) who was there with *AbbaMania*," he says. "The place was packed. I also saw posters for the *Classic Album Series*." In a *deja vu* moment, the idea hit him. "Nobody is doing Van Halen. I'll take the first six albums, partner together with musicians that have had a relationship to them." Names being brought up for the project include Brett Tuggle from Roth's *'Eat 'Em and Smile'* touring band, and singer Paul Shortino formally with the bands **Rough Cutt** and **Quiet Riot**. "My old singer Ralph Saenz recommended him," he says. Saenz went from the Punks to a little known band called **Steel Panther** who seem to be doing ok for themselves.

Walsh is the consummate professional, the 12 round prize fighter, the long distance runner. He has lived a dozen lifetimes and has kept going strong. Most musicians from that era have since retired from the business, gone into working "day jobs", or succumbed to addiction. Walsh not only survived but continues to move forward with different projects. Brevard's music scene is lucky and will improve with the addition of his talent and experience.

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HOZIER

Interviewed at Bonnaroo

By Matthew Bretz

At only 23 years old, Hozier launched into the stratosphere with his breakout hit “Take Me to Church” in 2015. Since then, Irish born Andrew Hozier-Byrne has been bouncing around the planet with his particularly unique brand of cinematic blues rock. Laden with poetic lyrics, and dripping with orchestral chord movements, Hozier quickly carved a niche for himself in the landscape of modern music, snagging huge awards right off the bat. Growing up in a musical family gave him the bug early on, and later he studied music at the Trinity College in Dublin. He never got to finish school, however, because his music career suddenly took off - and here we are. Last June, at the Bonnaroo music festival, I was able to get some firsthand information about Russel Brand’s doppelganger straight from the horse’s mouth.

When Hozier first made contact with the world, it wasn’t easy to pin down his style. His style seems to lie somewhere between gospel, rock, and blues. People love to classify and categorize, but with him it hasn’t been cut and dry. Hozier works with a lot of influences, and just when you think he’s set, he changes it up.

“I was always drawn to singers with something haunting about their voices. The same goes for writers such as James Joyce and Oscar Wilde. You can’t define what it is, but it buries itself deep in your soul.”



A lot of people in the industry have traditions they like to perform before their shows. It hypes them up and usually involves some camaraderie with the crew and band. Hozier was all too happy to explain his ritual.

“Back stage behind the bus, we have a little pen and there’s a stake in the ground and there’s a little goat that’s tied to that,” he started. “So, we have a pentagram mapped out outside the bus,” he smiled. “Right now, as we speak, band members are putting on their robes. Then we have the pre-gig sacrifice. Once all the blood has been drank, we start the vocal warm-ups, usually a few light kind of scales, etc., and just really open up the throat.”

Is that it?

“And then sunscreen, because that’s really, really important. Then we kind of take the stage.”

Not only does the guy look like Russel Brand, he has a very similar sense of humor - dark with a touch of

boyish charm. Don’t forget, the title song of his album *Wasteland, Baby!* is a love song set in the apocalypse.

When we first met Hozier, he was a singer only, taking us to church with his microphone and powerhouse vocals. In 2019, he decided to switch things up a bit and was even joined by Grammy Award winner Brandi Carlile onstage at his Saturday night show.

“When I first began to perform in support of my first album, the record company was just sort of promoting me as a singer and that’s it. I didn’t mind all that, but lately I’ve just kind of wanted the show to feel like a band experience again. So, I’ve picked the guitar back up and people are surprised - they’re like ‘I didn’t know you were a musician’ - like singers aren’t musicians, right? And I just want to say - singers ARE musicians. Especially me because I also play instruments too.”
(laughs)

continued page 17

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HOZIER INTERVIEWED continued

Most people know the man by his first hit ‘Take Me to Church’, but Hozier himself was super surprised.

“Yeah, I was super surprised! That song seemed like a very unlikely hit indeed. Plus, it was the first song I ever released so I didn’t think it was going to have legs. I was sort of wrong, wasn’t I?”

Sometimes, when a first song skyrockets the way ‘Church’ did, it’s very difficult for the artist to follow it up with something just as prominent. Worse case: they are doomed to one-hit-wonder status. I wondered how he could deal with all the pressure to follow up a massive hit?

“I was not going to engage with the pressure of writing a song for the sake of writing a hit. To do that, I would probably have to compromise things I wasn’t willing to compromise. The one pressure was self-contained - to make sure I was writing music that moved me and I felt I needed to write. I wanted to approach the writing of the record with the same ethos with which I approached the first album.”

Fear of being a one hit wonder?

“I hold that shit at a distance, in the same way that I hold the success of ‘Take Me to Church’ at a distance from myself. I don’t think that’s the best song I’ve written. And I don’t think it’s the best song I’m going to write. I also don’t think the charts are a strong reflection on what work is worthwhile.”

A lot of artists like to think of their lyrics as poetry. In this case, with Hozier, his lyrics are poetry - even if he doesn’t think so.

“I think you do a huge disservice to poets by claiming that my lyrics can do what poetry can. I have huge respect for poets and the craft of their work. The music in poetry are the words themselves. Musicians have all the tricks of sweet melodies and naturally affecting chord progressions.”



September 26-29
New Smyrna Beach

**19th Annual
NSB Jazz Festival**

The 19th annual New Smyrna Beach Jazz Festival takes place September 26th to 29th on Flagler, Third and South Atlantic Avenues plus Canal Street downtown and the North Causeway.

The line-up of performers is impressive, among them Brevard’s jazz songbird Sybil Gage and her Merry Band of Catahoulas. Also appearing are The US Navy Band Southeast VIP Combo, LaLucha from Tampa with special guest Dan Jordan, UCF Jazz Workshop featuring Davonda Simmons, John DePaola Quintet, Joshua Bowlus Trio with Linda Cole, Orlando Sanchez, Ron Teixeira Trio, Airtight featuring Marc Clermont, The Jeff Rupert Quartet and 15 more acts!

LaLucha (photo above) is a Tampa Bay based trio that consists of three best friends from three different parts of the world, Columbia, Mexico and The United States. Its members are Alejandro Arenas, bass; John O’Leary, piano; and Mark Feinman, drums. Their repertoire is a diverse mixture of Latin inspired rhythms with Jazz standards, twisted arrangements of pop songs and original compositions. Dan

Jordan was Musical Director for Judson Green for 25 years and was a reed player with Sam Rivers for ten years. Dan also appeared with The Larry Coryell Quartet for the 2013 NSB Jazz Festival. He also worked with Arturo Sandoval, Natalie Cole and Maynard Ferguson among others.

This year’s art work “Sun, Surf and Song” was done by local artist Heather Pastor. Her original piece will be auctioned off at the kick-off party.

All weekend long during the New Smyrna Beach Jazz Festival there are twenty-five shows featuring many styles of live jazz with FREE admission on Saturday and Sunday. For more information go to www.nsbjazzfest.com or call 386-423-9760.



For the 10th year popular songbird Sybil Gage has been asked back to perform at the NSB Jazz Festival



By Steve Keller

LOCAL LOWDOWN

Greeting my friends. It is time for the latest installment of the *Lowdown*. It is more than a coincidence that over the last 6 hours or so I have made the exact same observation about this area; ‘I am humbled and honored to bear witness to so much talent in one space.’ If there is competition and any feeling of entitlement here, then I just don’t see it. Musicians, graphic artists, sound engineers, venues, municipalities, we got it all people. Now I’m gonna shut my trap and give you the inside skinny in our budding metropolis...

Our dear friend Jason Noon aka **DJ Lights Out** and his band **Lights Out Project** have completed their very first studio based recording. Previous releases have been mixed down versions of live shows. Noon tells the Lowdown about how he totally immersed himself into becoming a producer/engineer at his *Garden House Studio*. The latest version of LOP includes members of **Tru Phonic**. “They’re the best musicians I’ve worked with, period,” he exclaims. The CD, *Reverse The System*, is out as of press time on CD format as well as all the digital services you can shake a tambourine at. Go get it, including the track ‘Believe’ (featuring Beeps), as the band intends to focus on playing the festival circuit in Florida and beyond.

Like your local music a little bit more turned down? Possibly a new Americana/folk duo? Look no further than **Lost Truth**, comprised of violinist Alssya Donall and Mary Kate Brennan. You may have heard Brennan sing with **Who I Am** in the past. Although nothing is recorded formally, you can check out the band on Facebook as well as live recordings on YouTube.

Trans Flag is the latest offering from singer/drummer John Archibald. The band also includes Kelly McGuire on guitar and Gina Tay on bass. This punk rock trio has been gigging their four original songs in addition to some interesting covers. Archibald’s day job, **DEET** is very much alive and kicking as is **Black Planet**. The music is high energy and danceable even for this middle aged (there, I’ve said it) non dancer. Keep fighting the good fight...

Ruby Melendez is a local rapper under the moniker **Rainy Angel**. I dig her sound. The music isn’t overly produced, which allows her rhymes to flow front and center. This genre doesn’t get the attention it deserves around here. I attempt to change that. Check out her latest single ‘*Think About It*’ online (*Spotify*, *Apple Music*, *Amazon*, etc) as well as attending her often appearances at local open mics.

Believe it or not, a lot of effort goes into the column. Sometimes space limitations come up, sometimes emotions make it hard for me to write. This is one of those times. We have lost two friends in the music scene since the last time I put pen to paper. **Chris Lanza** was a huge part of this scene. He, as a businessman and owner of *Vinyl Request Records* in Melbourne, had to earn a living. He was a fan of music and lived it every day. Believed it. Respected it. You can’t teach that. You can’t buy that. It’s instinctual. My band as well as many others in this area played at his various locations over the years. My heart goes out to his

family. I could go on but let me share some thoughts from VRR employee and close friend Michelle Pessaro: ‘The Legend Chris Lanza has left this world abruptly. Family and friends are overcome by this loss. So many people were impacted by Chris’s wonderful spirit, his passion for music and love of life. Chris created a safe place for people to come and find music whether it be new, old, bad, or good. So many stories you could go on for days, music mattered that was the bottom line. The store is closing at its current location while the team regroups. The Vinyl Request Records crew is working on this so we can keep the records spinning in Chris’s honor. We want to thank everyone for the overflow of support and love we have received from the community. In these times, we get by with a little help from our friends. See ya on the B side.’

Bobby Clock told me earlier this year that his grandmother used to live in Brevard, and as a little kid he would go visit her. Or at least he thought she was from here. That antidote is one of the things I loved about that kid. We had only known each other for about a year; his band, the **Soda Pops**, were a fill in after a band dropped out at a Best Supporting Actor/Lost Satellite show in Orlando. To see him perform, like he did earlier this year beachside, was a site to see. He died at just 32, but was a kind, sweet, possible alien from another planet which could have explained it all. He too will be missed not only for his music (they had just finished a CD) but for the warmth that he brought to the musicians around him. RIP

Super excited to report that the Denver based band **In The Whale** is coming back to Brevard. This will be their third visit here within the last few years. The duo of Nate Valdez and Eric Riley play catchy, melodic, fast hard rock. They have toured with such heavyweights as Agent Orange, Local H and The Toadies.

continued page 21

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LOCAL LOWDOWN continued

Making our way back to the future, we shine a light on a popular musician's first band. Many know Bo Dinkins from **Murderfly** but he has just released demos and video footage of his first band **Loop 13**. Based in East Texas, the band existed from 1999-2002. The promo picture (a bald Dinkins) and the song 'Everything Wicked' (complete with their Korn influence on their tattooed sleeves), takes us back to pre-Brevard, pre-Murderfly musical landscape. A lot of people have been missing the presence of Dinkins and company so we'll take what we can get. Find the song and said promo shot on *YouTube* with a promise of more unearthed material to come.

I've been lucky enough to see and hear the evolution of local musician **Logan Ray Tyler**. From his nervous confidence of **Valley Ray** to his latest project **Character Witness**, it keeps getting better. And louder. "The main difference (between the two bands) is there are different band members," Tyler tells us. "We're a four piece now. I still write the music and lyrics but stylistically the songs are more complex with a bit more drive to the sound." The band has only been around for a few months but are racking up the live shows in town. Look for big things to come.

The future is female. I couldn't be more serious. Look at the tremendous local talent discussed in this issue alone. Add another soldier to the cause with singer/songwriter **Miranda Realino**. She's out there both as a solo artist and as 1/2 of the duo **The Bed Heads** with Chase Harvey. Through the use of loops, the multi-instrumentalist weaves through covers and originals alike. Naming Nora Jones as a primary influence, the rest is up to you to go listen. Live is preferred but you can find some videos on *YouTube* and an album of original material to be recorded in the near future.

If punk is more your style, boy do we have some options for you. As a subscriber to the 'Carlos Santana New band of the month program', I was tipped off to **Noxious Profit** featuring members of Skatter Brainz (who themselves have a new record out, more on that next issue), and the gutter growl of singer Nichole Bowers, these cats are to something. Merch, videos online and the ever important tour dates throughout the state await them...scene vets Vex Vox Populi are back with a new self-titled release. Singer guitarist Matthew Green let me know that "the new line up of the band is me, Travis Johnson on bass, and Daniel Strickler on drums. We are done with the album and we should be releasing it soon." I've admired this band greatly with their well thought out melodies and devil may care lyrical sing-a-longs... As we say in the biz, this is segue. *Harbor City Local Vol II* will be out on shelves and airwaves by the time you are reading this included in the track listing this time are both Vex Vox Populi ("Hive Mind") and Noxious Profit ("Support The Scene"). Vol II has just as much if not more scene heavy hitters on it (The Spring, Gary Lazer Eyes) but also mixes it up between the new (Iron Will, Kinky Prawn) and the sublime (Hot Dog Force). Like its predecessor, Harbor City Local is the brainchild of scene saint/SFG front man Steven Spencer. It is available in both CD format as well as a digital download.

As we wrap up this month's festivities we can tease a little bit about next month. God willing and the creek don't rise, the recently resurrected *Space Coast Music Festival* is set to happen in the Eau Gallie Arts District on Saturday, November 2nd. Harbor City Local and FLEAGAD are teaming up with a group of volunteers to bring the popular festival back since 2015. The event is free with proceeds being raised going to support music programs in Brevard County.



Mike Rogers and Jackie Grieve

Saturday, September 28, 12-5pm
Goombays, Cocoa Beach

GRIND FOR LIFE FUNDRAISER

The mission of the *Grind For Life* organization is to provide financial assistance to cancer patients and their families when traveling long distances to doctors and hospitals. They also offer education and inspiration. A couple of months ago it became a "saving grace" for *Brevard Live's* account executive Jackie Grieve. Grind For Life helped her get to her cancer treatment at Moffitt in Tampa, and "I am forever grateful," she says. The person behind this charitable organization is Mike Rogers, founder and two time Sarcoma Cancer survivor and lifelong skateboarder, who has made it his mission to help others.

Jackie decided to Pay It Forward and organized a fundraiser to replenish funds to help others in need. This event will be held on Saturday, September 28th, 2019 at Goombays Beachside, 306 Hwy. A1A in Satellite Beach from Noon to 5pm with live music, several vendors, food, raffles and a bike run. The All American Band, and the Angry Bob Project will be performing with an open jam afterwards.

For more information about Grind For Life or to donate, go to www.grindforlife.org. For information about the event contact Jackie at 561-401-7913.

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SUNDAY TICKET



The Column

By **Chuck Van Riper**

FIVE, GEE

Remember your first cellphone? Mine was a big, chunky Nokia. It had a green screen with big black square pixels attempting to replicate numbers and letters. That's it. The power lasted an hour or two if you didn't use it. Forget about using it for anything other than a phone. I always hated that "Snake" game that seemed to be ubiquitous in all these types of phones. It seems silly now, but at the time, it was amazing to have a phone you could have with you all the time, even if you did have to pay exorbitant prices and charge it 5 times a day. More importantly, a whole new infrastructure was put into place to be able to accomplish person to person communication all the time. I guess we could call that 1G, the first G, the G that started it all. Because of its limitations, 1G provided merely telephone service. There was no data, texting or downloading anything.

The next big leap was to 2G (by the way the "G" stands for generation). 2G allowed for text and data, all at a whopping 250 Kilobytes per second, or Kbps. Yes, this was agonizingly slow, but it was progress. 2G was the first digital technology and ran on relatively low frequency ranges. The advent of 2.5G and 2.75G were the next increments to get to 3G. 3G bought with it download speeds of up to 3 Megabits per second, or Mbps. Way faster! Now I can see your pictures of what you had for lunch in mere seconds. Cool! We could also upload and download data much faster. Within 30 nanoseconds, you could be looking up prices on hydraulic lifters, watching really porn choppy videos, or texting your friends. Still, it wasn't fast enough. I shouldn't have to wait 30 nanoseconds to find out what you had for lunch, I want to know immediately, at least under 10 nanoseconds! This led to the advent of 4G. With 4G, you have a speed of up to 1 gigabyte per second, or Gbps! It actually ranges between 600Mbps and 1 Gbps. Wow, that's fast! Now porno movies ran smooth and I could see your lunch immediately! Now we're talking. But I want more! I want to be downloading War and Peace while my calculator is computing pi to the thousandth digit WHILE I'm watching porn and streaming the whole thing live to my Instagram feed. Is that too much to ask? Maybe, but maybe not, because get ready for 5G!

Throughout the buildout of these networks there have always been the pros and cons of the health effects of these G's. Radiofrequency radiation(RFR) seems to be the main concern. All the previous G's ran on frequencies below the 6 gigahertz spectrum. This allowed for relatively long waves, so towers could be spread out. RFRs aren't inherently dangerous as they are emitted from x-rays, microwaves, the light from your monitor, the sun, etc. What determines if they are dangerous or not is determined by whether they are ionizing or non-ionizing. Basically, non-ionizing waves are too weak to break chemical bonds. Things like power lines, FM radio, and wi-fi fall into this category. Microwaves are the exception to this as they are tuned to interact with water molecules. X-rays, gamma rays and the like are ionizing waves. According to Dr. Steve Novella, an assistant professor of neurology at Yale, ionizing waves can cause damage as it kills cells and alters DNA. Since previous versions of the G's have been found to be non-ionizing, it has been widely accepted that no damage can be done from them. The debate is ongoing, though. There are some who disagree. Enter 5G.

5G will run on much higher frequencies, between 24-90 gigahertz. Because of this higher frequency, the waves will be much shorter, necessitating many more towers and closer proximity of them. This is a whole new technology with a whole new buildout, not just a 4G upgrade. How many towers are needed? Hundreds of thousands of towers and transmitters will be needed. It is estimated that a town will need a mini-transmitter every 2-10 houses. Although the spectrum of frequencies are still considered to be non-ionizing, the folks over at <https://www.radiationhealthrisks.com> assert that radiation from the higher part of the spectrum, such as used with 5G, the greater the health risk. There is a consortium of over 215 scientists worldwide who have appealed to the United Nations, asking that more research be done into the harmful effects of 5G on the environment as well as health risks. They say their research shows the negative effects on both. See, this is why we can't have nice things. Damn science! When we do roll out 5G, it will be 1000 times faster than what we currently experience. 1000 times! Now I can not only see your lunch, you might be able to e-mail it to me! So bring it on! Let's get really high speed internet. Of course that means upgrading all your equipment to support this new technology. That'll be a major chunk of cash, but it will be worth it as I'll be able to accomplish my aforementioned goals. Who cares what the birds and squirrels and bees think about it.

(To my engineer friends out there, I have tried to elucidate, albeit very simply, and with very limited knowledge, what the science of this technology entails. Please feel free to let me know if I came close to being accurate.)

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SEPT 20th

SHOW TIME 10:30PM

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Friday drag

SEPT 27th

Trish Fox **Lacie Browning**

happy hour 5pm - 8pm

STOLI

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SEPT 7 80'S NIGHT

SEPT 14 90'S - 2000'S

SEPT 21-28 TWISTED

STOLI

Entertainment Calendar

1 - SUNDAY

BONEFISH WILLY'S
RIVERFRONT GRILLE:
 4pm Matt Adkins
COCONUTS: 1pm Tripp
 Tide
EARLS: 2pm Lauren
 Mitchell; 7:30pm Stone
 Clones
FLORIDA BEER TAP
ROOM: 4pm Jake Salter
FRESH SCRATCH
BISTRO: 6pm Bobby Kelly
LOU'S BLUES: 2pm Angel
 City; 7pm Killer Tomatoes
MAMBOS: 3pm DJ E
MATT'S CASBAH: Noon
 IHB Funk
SANDBAR: 4pm Vintage;
 9pm DJ Cerino & Guest DJ
SLOW & LOW/Cocoa
Beach: 5:30pm Bonnie
 Harrington
VICTORY CASINO
CRUISE: 11am Trick Ropin'
 Trevor

LABOR DAY

2 - MONDAY

COCONUTS: 1pm TBA;
 6pm Sean Manvell
EARLS: 2pm The
 Wavelengths
FRESH SCRATCH
BISTRO: 6:30pm Trivia
LOU'S BLUES: 7pm Dirty
 Bingo; 9pm ESR James
MAMBOS: 3pm Vintage
VICTORY CASINO
CRUISE: 11am Labor Day
 Luau; 7pm Blues Cruise w/
 Derek Trull
WESTSIDE SPORTS BAR:
 9pm Karaoke

3 - TUESDAY

COCONUTS: 6pm Alex
 Rodriguez
GOOMBAY'S: 7pm Trivia
LOU'S BLUES: 8pm Jam
 Night w/ RKB
MATT'S CASBAH: 6pm Joe
 Calautti
SANDBAR: 9pm DJ
 Goldfinga
THE LIVING ROOM: 4pm
 Artist Chill Night
VICTORY CASINO
CRUISE: 11am The Joe Show
WESTSIDE SPORTS BAR:
 9pm Open Mic w/ Steve
 Hodak
WHISKEY BEACH: 8pm
 Karaoke

4 - WEDNESDAY

COCONUTS: 7pm Steve
 Fredricks
FRESH SCRATCH
BISTRO: 6pm Denise Turner
LOU'S BLUES: 6pm John
 Vastola; 9pm Rockstar w/ Joe
 Calautti
MATT'S CASBAH: 6pm
 Cash Colley
OASIS: 9pm Open Jam
OFF THE TRAXX: 6pm Jeff
 Bynum
PINTO'S LOUNGE: 9pm
 Karaoke
SANDBAR: 8pm Love Valley
SIGGY'S: 7pm Blue Diamond
 Band
THE LIVING ROOM: 7pm
 Jazzcats
TWISTED ROOSTER: 9pm
 Anything Goes with DJ Scott
 Robert
VICTORY CASINO
CRUISE: 11am Highway 1

5 - THURSDAY

COCONUTS: 7pm Alex
 Rodriguez
EARLS: 8pm Therapy
FRESH SCRATCH
BISTRO: 6pm Ryan McNelis
LOU'S BLUES: 8:30pm
 Strongbacks
MATT'S CASBAH: 6:30pm
 Untamed Duo
OFF THE TRAXX: 6pm
 Devin Lupis
SANDBAR: 8pm Karaoke
SIGGY'S: 7pm Touch Of
 Grey
SLOW & LOW/Cocoa
Beach: 7pm Matt Riley
THE LIVING ROOM: 8pm
 TBA
TWISTED ROOSTER: 9pm
 Latin Nights with DJ Scott
 Robert
VICTORY CASINO
CRUISE: 11am Donna
 Moore's Diva Legends Show;
 First Game of the 100th
 Season of the NFL

6 - FRIDAY

BLIND LION: 7:30pm The
 Which Doctors
BONEFISH WILLY'S
RIVERFRONT GRILLE:
 7pm Stay Tuned
COCONUTS: 7pm No
 Pressure Band
CROWNE PLAZA: 5pm
 TBA

EARLS: 8:30pm The Jacks
 Band
FLORIDA BEER TAP
ROOM: 6pm String Daddy
FRESH SCRATCH
BISTRO: 6pm Michelle Marie
GOOMBAY'S: 7pm Billy
 Chapman
KEY WEST BAR: 9pm Matt
 Sams Band
LOU'S BLUES: 5:30pm
 Karaoke w/ Bob Neal; 9:30pm
 East Side Rock
MAMBOS: 6pm Teddy V
MATT'S CASBAH: 7:30pm
 Galaxy
MONKEY BAR: 8pm Unit 5
OFF THE TRAXX: 6pm
 Chuck Van Ripier
PINTO'S LOUNGE: 9:30pm
 Dr.X
SANDBAR: 9pm Dub Master
SIGGY'S: 7pm DJ Chris; 9pm
 Funpipe
SLOW & LOW/Cocoa
Beach: 7pm Buck Barefoot
SLOW & LOW/Viera: 7pm
 Bonnie Harrington
THE LIVING ROOM:
 7:30pm TBA
TWISTED ROOSTER: 9pm
 Top 40 with DJ Brianna Lee
VICTORY CASINO
CRUISE: 7pm Story's End;
 Free Wine Samples
WESTSIDE SPORTS BAR:
 9pm DJ Soul
WHISKEY BEACH: 8pm
 Untamed Trio

7 - SATURDAY

BLIND LION: 7:30pm The
 Reflections
BONEFISH WILLY'S
RIVERFRONT GRILLE:
 7pm Tommy Mitchell
COCONUTS: 1pm Johnny
 Danger; 7pm Love Valley
CROWNE PLAZA: 1pm
 TBA
EARLS: 2pm Lil Lin & Unkle
 Dirty; 8:30pm Mike Owen
 Band 8:30pm Twisted Minds
FLORIDA BEER TAP
ROOM: 6pm Anja and The
 Dreamers
FRESH SCRATCH
BISTRO: 6pm Anchors Up
GOOMBAY'S: 7pm Jeff
 Bynum
KEY WEST BAR: 9pm
 Danny Morris Band
LOU'S BLUES: 1pm Ana;
 5:30pm Karaoke w/ Cindy;



September 1, 4pm
 Cantina Dos Amigos
 Indialantic

End Of Summer Bash with Live Band

It was planned for the 3rd of August but the weather didn't want to have it. Bands of rain were in the forecast, and owner Jeff Day made the right decision to postpone the event. A few days later he called with the new date - September 1st and let's hope it won't rain because this End Of Summer Bash will be held in the parking lot with outdoor seating and eating. There will be a Margarita and Beer tent, free give aways, live music, and the Corona girls, and the Jose Cuervo girls. Jeff is not only a nice man but also a generous host. Come on over, join the Cantina family and have some fun.

Labor Day Weekend NKF Rich Salick Pro AM Surf Festival

For the 34th time the Cocoa Beach Pier hosts the biggest charity surf contest on the East Coast while raising funds to fight kidney disease. Join Brevard's proudest tradition. For detail visit www.nkfsurf.com.

Entertainment Calendar

9:30pm Divas
MAMBOS: 6pm Devin Lupis
MATT'S CASBAH: 7:30pm Tru Phonic
MONKEY BAR: 9pm DJ Dance Party
OFF THE TRAXX: 6pm Jay DiBella
PINTO'S LOUNGE: 9:30pm Spanks
SANDBAR: VIP Party at Alan Shepherd Park. Noon Kathleen Turner Overdrive; 4pm Slyd; 10pm UFC
SIGGY'S: 8pm DJ Chris; 9:30pm The Day After
SLOW & LOW/Cocoa Beach: 7pm Dave Myers
SLOW & LOW/Viera: 6pm Mark Soroka
THE LIVING ROOM: 8pm Chuck & Dave's Hippy Jam
TWISTED ROOSTER: 9pm Twisted Dance Parties with DJ Scott Robert
VICTORY CASINO CRUISE: 7pm The Honey Hounds
WESTSIDE SPORTS BAR: 8pm Bonnie Harrington
WHISKEY BEACH: 8pm Billy Chapman Band

8 - SUNDAY

BONEFISH WILLY'S RIVERFRONT GRILLE: 4pm Big Jim Adams
COCONUTS: 2pm CocoLocos
CROWNE PLAZA: 1pm TBA
EARLS: 2pm Rachele Coba
FRESH SCRATCH BISTRO: 6pm Bobby Kelly
LOU'S BLUES: 2pm Changes; 7pm Vinnie Hines
MATT'S CASBAH: Noon IHB Funk
SANDBAR: 9pm DJ Cerino & Guest DJ
VICTORY CASINO CRUISE: Noon Peter Alden

9 - MONDAY

COCONUTS: 6pm Sean Manvell
FRESH SCRATCH BISTRO: 6:30pm Trivia
LOU'S BLUES: 7pm Dirty Bingo; 9pm Dave Kury
VICTORY CASINO CRUISE: 7pm Blues Cruise with Derek Trull
WESTSIDE SPORTS BAR:

9pm Karaoke

10 - TUESDAY

COCONUTS: 6pm Alex Rodriguez
GOOMBAY'S: 7pm Trivia
LOU'S BLUES: 8pm Jam Night w/ RKB
MATT'S CASBAH: 6pm Will Purdy
SANDBAR: 9pm DJ Goldfinga
THE LIVING ROOM: 4pm Artist Chill Night
VICTORY CASINO CRUISE: 11am Rocky & The Roller
WESTSIDE SPORTS BAR: 9pm Open Mic w/ Steve Hodak
WHISKEY BEACH: 8pm Karaoke

11 - WEDNESDAY

COCONUTS: 6:30pm Jason Domulot
FRESH SCRATCH BISTRO: 6pm Denise Turner
LOU'S BLUES: 6pm Dueling Pianos; 9pm Rockstar w/ Joe Calautti
MATT'S CASBAH: 6pm Anja & The Dreamers
OASIS: 9pm Open Jam
OFF THE TRAXX: 6pm Jeff Bynum
PINTO'S LOUNGE: 9pm Karaoke
SANDBAR: 8pm Dirty Power
SIGGY'S: 7pm Jam Night
THE LIVING ROOM: 7pm Jazzcats
TWISTED ROOSTER: 9pm Anything Goes with DJ Scott Robert
VICTORY CASINO CRUISE: 11am Highway 1; Non-Smoking Cruises; First Responders and Military Veterans sail FREE

12 - THURSDAY

COCONUTS: 7pm Nills Borregaard
EARLS: 8pm Karalyn & Dawn Patrol
FRESH SCRATCH BISTRO: 6pm Miguel Jose Music
GOOMBAY'S: 6pm Jeff Bynum
LOU'S BLUES: 8:30pm The Sky Club
MATT'S CASBAH: 6:30pm

Elemental Groove
OFF THE TRAXX: 6pm Devin Lupis
SANDBAR: 8pm Karaoke
SIGGY'S: 7pm Joe Barrera
SLOW & LOW/Cocoa Beach: 7pm Matt Riley
THE LIVING ROOM: 7:30pm TBA
TWISTED ROOSTER: 9pm Latin Nights with DJ Scott Robert
VICTORY CASINO CRUISE: 11am The Dukes
WESTSIDE SPORTS BAR: 8pm Jason Wright

13 - FRIDAY

BLIND LION: 7:30pm Tony Wynn & Cameron Brown
BONEFISH WILLY'S RIVERFRONT GRILLE: 7pm Stay Tuned
COCONUTS: 7pm The Bullet Dodgers
EARLS: 8:30pm SEED
FLORIDA BEER TAP ROOM: 6pm Damion Suomi
FRESH SCRATCH BISTRO: 6pm Sarimism
GOOMBAY'S: 7pm Billy Chapman
KEY WEST BAR: 9pm Dave Thrift Band
LOU'S BLUES: 5:30pm Karaoke w/ Bob Neal; 9:30pm DJ Joe Redmont
MAMBOS: 6pm Devin Lupis
MATT'S CASBAH: 7:30pm Rios Rock Band
MONKEY BAR: 8pm Kathleen Turner Overdrive
OFF THE TRAXX: 6pm Chuck Van Riper
PINTO'S LOUNGE: 9:30pm Twisted Minds
SANDBAR: 9pm Natty Common Roots
SIGGY'S: 7pm DJ Chris; 9pm 7th Planet
SLOW & LOW/Cocoa Beach: 7pm Cory Yentz
SLOW & LOW/Viera: 6pm Dave Myers
THE LIVING ROOM: 11pm TBA
TWISTED ROOSTER: 9pm Top 40 with DJ Brianna Lee
VICTORY CASINO CRUISE: 7pm Brandon Ray
WESTSIDE SPORTS BAR: 9pm DJ Soul
WHISKEY BEACH: 8pm TBA

14 - SATURDAY

BLIND LION: 7:30pm Blue Fusion
BONEFISH WILLY'S RIVERFRONT GRILLE: 7pm Aaron Cole
COCONUTS: 1pm Alex Rodriguez; 7pm The Yesterdays
CROWNE PLAZA: 1pm TBA
EARLS: 2pm Lionheart; 8:30pm Hypersona
FLORIDA BEER TAP ROOM: 6pm Simone and The Supercats
FRESH SCRATCH BISTRO: 6pm Char Good
GOOMBAY'S: 7pm David Southwood Smith
KEY WEST BAR: 9pm Unkle Dirty
LOU'S BLUES: 1pm Pete Spoth; 5:30pm Karaoke w/ Cindy; 9:30pm Luna Pearl
MAMBOS: 6pm Krazy Ivan
MATT'S CASBAH: 7:30pm Cover Story
MONKEY BAR: 9pm DJ Dance Party
OASIS: 8pm Karaoke with Dave Lapointe
OFF THE TRAXX: 6pm Mondo Tikis
PINTO'S LOUNGE: 9:30pm Black Moon Syndicate
SANDBAR: 9pm Love Valley
SIGGY'S: 8pm DJ Chris; 9pm Fantastic Plastics; 80s Night
SLOW & LOW/Cocoa Beach: 7pm Bonnie Harrington
SLOW & LOW/Viera: 6pm Andy Harrington
THE LIVING ROOM: 8pm Harbor City Trio
TWISTED ROOSTER: 9pm Twisted Dance Parties with DJ Scott Robert
VICTORY CASINO CRUISE: 11am Rocket City; 7pm Chasing Amy
WESTSIDE SPORTS BAR: 9pm Durik Comtois
WHISKEY BEACH: 8pm Flannell

15 - SUNDAY

BONEFISH WILLY'S RIVERFRONT GRILLE: 4pm Justin Howl
COCONUTS: 2pm The Conquering Lions
EARLS: 2pm Tribucon

Entertainment Calendar

w/ Glenn Bailey from
Crashrocket
**FLORIDA BEER TAP
ROOM:** 3-6pm Hot Pink
**FRESH SCRATCH
BISTRO:** 6pm Bobby Kelly
LOU'S BLUES: 2pm Love
Valley; 7pm Frank Rios
MATT'S CASBAH: Noon
IHB Funk
SANDBAR: 9pm DJ Cerino
& Guest
**VICTORY CASINO
CRUISE:** Noon Country
Songwriters Cruise with
Johnny Bulford, Heidi Raye,
Levu Lowrey

16 - MONDAY

COCONUTS: 6pm Sean
Manvell
**FRESH SCRATCH
BISTRO:** 6:30pm Trivia
LOU'S BLUES: 7pm Dirty
Bingo; 9pm Jeff Bynum
**VICTORY CASINO
CRUISE:** 7pm Blues Cruise
w/ Derek Trull
WESTSIDE SPORTS BAR:
9pm Karaoke

17 - TUESDAY

COCONUTS: 6pm Alex
Rodriguez
GOOMBAY'S: 7pm Trivia
LOU'S BLUES: 8pm Jam
Night w/ RKB
MATT'S CASBAH: 6pm Jay
DiBella
SANDBAR: 9pm DJ
Goldfinga
THE LIVING ROOM: 4pm
Artist Chill Night
**VICTORY CASINO
CRUISE:** 11am The Joe
Show
WESTSIDE SPORTS BAR:
9pm Open Mic w/ Steve
Hodak
WHISKEY BEACH: 8pm
Karaoke

18 - WEDNESDAY

COCONUTS: 7pm Steve
Frefricks
**FRESH SCRATCH
BISTRO:** 6pm Denise Turner
LOU'S BLUES: 6pm Dallas;
9pm Rockstar w/ Joe Calautti
MATT'S CASBAH: 6pm
Sarah D
OASIS: 9pm Open Jam
OFF THE TRAXX: 6pm Jeff
Bynum

PINTO'S LOUNGE: 9pm
Karaoke **SANDBAR:** 8pm
Dirty Power
SIGGY'S: 7pm Jam Night
THE LIVING ROOM: 7pm
Jazzcats
TWISTED ROOSTER: 9pm
Anything Goes with DJ Scott
Robert
**VICTORY CASINO
CRUISE:** 11am Highway
1; 11am and 7pm Birthday
Bash (All September Birthdays
sails Free)

19 - THURSDAY

COCONUTS: 7pm Alex
Warner
EARLS: 8pm Joey Tenuto
Band
**FRESH SCRATCH
BISTRO:** 6pm David Mander
GOOMBAY'S: 6pm Jeff
Bynum
LOU'S BLUES: 8:30pm
Syndicate
MATT'S CASBAH: 6:30pm
Frank Rios
OFF THE TRAXX: 6pm
Devin Lupis
SANDBAR: 8pm Karaoke
SIGGY'S: 7pm Matt Adkins
**SLOW & LOW/Cocoa
Beach:** 7pm Matt Riley
THE LIVING ROOM:
7:30pm TBA
TWISTED ROOSTER: 9pm
Latin Nights with DJ Scott
Robert
**VICTORY CASINO
CRUISE:** 11am The Dukes

20 - FRIDAY

BLIND LION: 7:30pm Vince
Love & The Soul Cats
**BONEFISH WILLY'S
RIVERFRONT GRILLE:**
7pm Matt Adkins
COCONUTS: 7pm Jason
Domulot Band
CROWNE PLAZA: 5pm
TBA
EARLS: 8:30pm Big Pine
**FLORIDA BEER TAP
ROOM:** 6pm Umbrella
Thieves
**FRESH SCRATCH
BISTRO:** 6pm Char Good
GOOMBAY'S: 6:30pm Billy
Chapman
KEY WEST BAR: 9pm Russ
Kellum Band
LOU'S BLUES: 5:30pm
Karaoke w/ Bob Neal; 9:30pm

Rios Rock Band
MAMBOS: 6pm Cash Colley
MATT'S CASBAH: 7:30pm
Love Valley
MONKEY BAR: 8pm Eric
Lee Webb
OFF THE TRAXX: 6pm
Chuck Van Riper
PINTO'S LOUNGE: 9:30pm
Midlife Crisis
SANDBAR: 9pm Musical
Seduction
SIGGY'S: 7pm DJ Chris; 9pm
Roughouse
**SLOW & LOW/Cocoa
Beach:** 7pm Buck Barefoot
SLOW & LOW/Viera: 6pm
John Burr
THE LIVING ROOM:
7:30pm Chuck & Dave's
Hippie Jam
TWISTED ROOSTER: 9pm
Top 40 with DJ Brianna Lee
**VICTORY CASINO
CRUISE:** 7pm Them Seeds
WESTSIDE SPORTS BAR:
9pm DJ Soul
WHISKEY BEACH: 8pm
Galaxy

21 - SATURDAY

BLIND LION: 7:30pm
Harbor City Trio
**BONEFISH WILLY'S
RIVERFRONT GRILLE:**
7pm Big Jim Adams
COCONUTS: 1pm Steve
Hodak; 7pm The CC Combo
CROWNE PLAZA: 1pm
TBA
EARLS: 2pm The Mixers;
8:30pm Wicked Garden
Gnomes
**FLORIDA BEER TAP
ROOM:** 6pm Luke Crescenzi
**FRESH SCRATCH
BISTRO:** 6pm Sarah D
GOOMBAY'S: 7pm David
Southwood Smith
KEY WEST BAR: 9pm Pinch
LOU'S BLUES: 1pm John
McDonald; 5:30pm Karaoke
w/ Cindy; 9:30pm Guilty
Pleasure
MAMBOS: 6pm Teddy V
MATT'S CASBAH: 7:30pm
Usual Suspects
MONKEY BAR: 9pm DJ
Dance Party
OASIS: 8pm Beachtown
Hoedown with Eroc Lee Webb
Band
OASIS: 4pm Island Party with
John McDonald & Mango

Men
OFF THE TRAXX: 6pm Jeff
Bynum
PINTO'S LOUNGE: 9:30pm
Deep Swamp
SANDBAR: 9pm Hot Pink
SIGGY'S: 8pm DJ Chris; 9pm
Ruckus
**SLOW & LOW/Cocoa
Beach:** 7pm Dave Myers
THE LIVING ROOM: 8pm
Carl Lewis
TWISTED ROOSTER: 9pm
Twisted Dance Parties with DJ
Scott Robert
**VICTORY CASINO
CRUISE:** 11am BeatleBeat;
7pm The incredible Hypnotist
Richard Barker
WHISKEY BEACH: 8pm
TBA
WESTSIDE SPORTS BAR:
9pm TBA

22 - SUNDAY

**BONEFISH WILLY'S
RIVERFRONT GRILLE:**
4pm Reggae Juice
COCONUTS: 2pm The Bullet
Dodgers
EARLS: 2pm The Bridget
Kelly Band
**FRESH SCRATCH
BISTRO:** 6pm Bobby Kelly
LOU'S BLUES: 2pm Vince
Reed Band; 7pm Michele
Wood
MAMBOS: 3pm DJ E
MATT'S CASBAH: Noon
IHB Funk
SANDBAR: 9pm DJ Cerino
& Guest
**VICTORY CASINO
CRUISE:** Noon Asian Day
Moon Cake Festival

23 - MONDAY

COCONUTS: 6pm Sean
Manvell
**FRESH SCRATCH
BISTRO:** 6:30pm Trivia
LOU'S BLUES: 7pm Dirty
Bingo; 9pm Christine
**VICTORY CASINO
CRUISE:** 7pm Blues Cruise
w/ Derek Trull
WESTSIDE SPORTS BAR:
9pm Karaoke

24 - TUESDAY

COCONUTS: 6pm Alex
Rodriguez
GOOMBAY'S: 7pm Trivia
LOU'S BLUES: 8pm Jam

Night w/ RKB
MATT'S CASBAH: 6pm
 Char Good & Friends
SANDBAR: 9pm DJ
 Goldfinga
THE LIVING ROOM: 4pm
 Artist Chill Night
VICTORY CASINO
CRUISE: 11am The Joe Show
WESTSIDE SPORTS BAR:
 9pm Open Mic w/ Steve
 Hodak
WHISKEY BEACH: 8pm
 Karaoke

25 - WEDNESDAY

COCONUTS: 7pm Syndicate
 Trio
FRESH SCRATCH
BISTRO: 6pm Denise Turner
LOU'S BLUES: 6pm Dueling
 Pianos; 9pm Rockstar w/ Joe
 Calautti
MATT'S CASBAH: 6pm
 Galaxy Acoustic Duo
OASIS: 9pm Open Jam
OFF THE TRAXX: 6pm Jeff
 Bynum
PINTO'S LOUNGE: 9pm
 Karaoke **SANDBAR:** 8pm
 Love Valley
SIGGY'S: 7pm Jam Night
THE LIVING ROOM: 7pm
 Jazzcats
TWISTED ROOSTER: 9pm
 Anything Goes with DJ Scott
 Robert
VICTORY CASINO
CRUISE: 11am Highway 1;
 Non-Smoking Cruises

26 - THURSDAY

COCONUTS: 7pm Jack
 Flowers
EARLS: 8pm The Coolers
FRESH SCRATCH
BISTRO: 6pm Music Trainer
LOU'S BLUES: 1pm Dave
 Kury Band
MATT'S CASBAH: 6:30pm
 John McDonald
OFF THE TRAXX: 6:30pm
 Devin Lupis
SANDBAR: 8pm Karaoke
SIGGY'S: 7pm Gary
 Vadimsky
SLOW & LOW/Cocoa
Beach: 7pm Matt Riley
THE LIVING ROOM:
 7:30pm TBA
TWISTED ROOSTER: 9pm
 Latin Nights with DJ Scott
 Robert
VICTORY CASINO

CRUISE: 11am Rocky and
 The Roller

27 - FRIDAY

BLIND LION: 7pm Tony
 Wynn and Cameron Brown
BONEFISH WILLY'S
RIVERFRONT GRILLE:
 7pm Matt Adkins
COCONUTS: 7pm Tripp
 Tide
CROWNE PLAZA: 5pm
 TBA
EARLS: 8:30pm Alita & The
 Boys
FLORIDA BEER TAP
ROOM: 5pm Joshua Keels
FRESH SCRATCH
BISTRO: 6pm Canaan
GOOMBAY'S: 7pm Jeff
 Bynum
KEY WEST BAR: 9pm 106
 South
LOU'S BLUES: 5:30pm
 Karaoke w/ Bob Neal; 9:30pm
 Umbrella Thieves
MAMBOS: 6pm Changes
MATT'S CASBAH: 7:30pm
 The Kore
MONKEY BAR: 9pm
 Ruckus
OFF THE TRAXX: 6pm
 Chuck Van Riper
PINTO'S LOUNGE: 9:30pm
 Undercover
SANDBAR: 9pm 506 Crew
 Band
SIGGY'S: 7pm DJ Chris;
 9pm Hard Drive
SLOW & LOW/Cocoa
Beach: 7pm John Burr
SLOW & LOW/Viera: 6pm
 Matt Riley
THE LIVING ROOM: 8pm
 TBA
TWISTED ROOSTER: 9pm
 Top 40 with DJ Brianna Lee
VICTORY CASINO
CRUISE: 7pm Rock Candy
WESTSIDE SPORTS BAR:
 9pm DJ Soul
WHISKEY BEACH: 8pm
 Easy Uzis

28 - SATURDAY

BLIND LION: 7:30pm Tony
 Wynn's Groove Factor
BONEFISH WILLY'S
RIVERFRONT GRILLE:
 7pm Aaron Cole
COCONUTS: 1pm Tru
 Phonic; 7pm TBA
CROWNE PLAZA: 1pm
 TBA

EARLS: 2pm Bobby Owen
 Band; 8:30pm Twisted Minds
FLORIDA BEER TAP
ROOM: 6pm The Bullet
 Dodgers
FRESH SCRATCH
BISTRO: 6pm Ben Wozniak
GOOMBAY'S: Noon-
 5pm Grind For Life Benefit
 featuring All American Band,
 Angry Bob Project and Open
 Jam; 7pm Alex Warner
KEY WEST BAR: 9pm
 Heatstroke
LOU'S BLUES: 1pm Jeff
 Bynum; 5:30pm Karaoke w/
 Cindy; 9:30pm Souled Out
MAMBOS: 6pm Triple Play
MATT'S CASBAH: 7:30pm
 Vintage
MONKEY BAR: 9pm DJ
 Dance Party
OASIS: 9pm Double D Live
OFF THE TRAXX: 6pm
 Sydney Taylor
PINTO'S LOUNGE: 9:30pm
 Cowboyz n Alianz
SANDBAR: 9pm Scott Baker
 Band
SIGGY'S: 8pm DJ Chris; 9pm
 SEED
SLOW & LOW/Cocoa
Beach: 7pm Andy Harrington
THE LIVING ROOM: 8pm
 Harbor City Trio
TWISTED ROOSTER: 9pm
 Twisted Dance Parties with DJ
 Scott Robert
VICTORY CASINO
CRUISE: Am & PM Jared
 Blake, Bigg Vinny and Jared
 Weeks
WESTSIDE SPORTS BAR:
 8pm Steve Hodak Duo
WHISKEY BEACH: 8pm
 Absolute Blue

29 - SUNDAY

BONEFISH WILLY'S
RIVERFRONT GRILLE:
 4pm Big Jim Adams
COCONUTS: 2pm Love
 Valley
EARLS: 2pm Big Al & The
 Heavyweights
FRESH SCRATCH
BISTRO: 6pm Bobby Kelly
LOU'S BLUES: 2pm The
 Coolers; 7pm Pete Spoth
MAMBOS: 3pm DJ E
MATT'S CASBAH: Noon
 IHB Funk
SANDBAR: 9pm DJ Cerino
 & Guest

30 - MONDAY

COCONUTS: 6pm Sean
 Manvell
FRESH SCRATCH
BISTRO: 6:30pm Trivia
LOU'S BLUES: 7pm Dirty
 Bingo; 9pm Dave Birks
WESTSIDE SPORTS BAR:
 9pm Karaoke

PALM BAY RECREATION

Sept 6: 5-10pm First Friday
 by the Bay featuring 506
 Crew, Vets Park, vendors, food
 trucks, kids' zone.
Saturday, Sept 7 & 21: 10am,
 Free Ranger-Led Tour at
 Turkey Creek Sanctuary, (321)
 676-6690.

Sept 8: NFL Trip to Chiefs at
 Jaguars game. Leaves from
 Tony Rosa Community Center
 at 8 AM. \$120 includes ticket
 and transportation. More
 info: www.PalmBayFlorida.org/AdventurersClub or (321)
 952-3231.

Sept 8: NFL Trip to Ravens at
 Dolphins game. Leaves from
 Tony Rosa Community Center
 at 8 AM. \$95 includes ticket
 and transportation. www.PalmBayFlorida.org/AdventurersClub or (321) 952-3231.

Sept 8: NFL Trip to 49ers at
 Buccaneers game plus free
 Tim McGraw concert. Leaves
 from Tony Rosa Commu-
 nity Center at 10:15am. \$100
 includes ticket to game and
 concert, plus transportation.
www.PalmBayFlorida.org/AdventurersClub or (321)
 952-3231.

Sept 15: NFL Trip to Patriots
 at Dolphins game. Leaves
 from Tony Rosa Commu-
 nity Center at 8 AM. \$125
 includes ticket and transporta-
 tion. www.PalmBayFlorida.org/AdventurersClub or (321)
 952-3231.

Sept 19: NFL Trip to Titans at
 Jaguars game. Leaves from

Tony Rosa Community Center at 2 PM. \$120 includes ticket and transportation. www.PalmBayFlorida.org/AdventurersClub or (321) 952-3231.

Sept 22: NFL Trip to Giants at Buccaneers game. Leaves from Tony Rosa Community Center at 11 AM. \$115 includes ticket and transportation. www.PalmBayFlorida.org/AdventurersClub or (321) 952-3231.

Sept 29: NFL Trip to Chargers at Dolphins game. Leaves from Tony Rosa Community Center at 8 AM. \$95 includes ticket and transportation. www.PalmBayFlorida.org/AdventurersClub or (321) 952-3231.

COMMUNITY CALENDAR

Sept 6-22: Beauty and the Beast, Henegar Center, Downtown Melbourne, 321-723-8698

Sept 8: Big Band Extravaganza, Community Band of Brevard, Merritt Island High Auditorium, 321-258-5580

Sept 11 & 12: 30 Years of Music Concert, Melbourne Community Orchestra, Mel-

bourne Auditorium, 321-285-6724

Sept 14: Caliente!, Space Coast Symphony, Scott Center Auditorium at Holy Trinity, Suntree, 855-252-7276

Sept 18 & 19: No Strings Attached Concert, Melbourne Municipal Band, Melbourne Auditorium, 321-724-0555

Sept 20-29: Brighton Beach Memoirs, Surfside Players, Cocoa Beach, 321-783-3127

Sept 20: Cocoa Beach Main Street Friday Fest, Downtown Cocoa Beach, 321-613-0072

Sept 20: Fall Kickoff Dance, Melbourne Municipal Band, Melbourne Auditorium, 321-724-0555

Sept 21: Classic Albums Live – Beatles: Abbey Road, King Center, Melbourne, 321-242-2219

Sept 27 – October 13: Rodger's & Hammerstein's Cinderella, Cocoa Village Playhouse, 321-636-5050

Sept 27 - Oct 20: Grease, Titusville Playhouse, 321-268-1125

Sept 28: Under the Harvest Moon Sip & Stroll, Historic Cocoa Village, Cocoa. 321-631-9075

Singer Registration Starts In September

Lou's Legendary Karaoke Contest: \$1,000 in Prizes



Lou's Blues Legendary Karaoke Series will feature a 6 week, Idol Style, amateur karaoke competition. A \$1000 total prize pack will award the top three winners. Also, the champion will sing LIVE with a Lou's respected band. Registration will begin September 1st. Look for more details on Lous Blues Facebook page and Lous Blues Website. It' will be fun for all karaoke singers to become a star and be named Lou's Blues very first Legendary Karaoke Series Champion.



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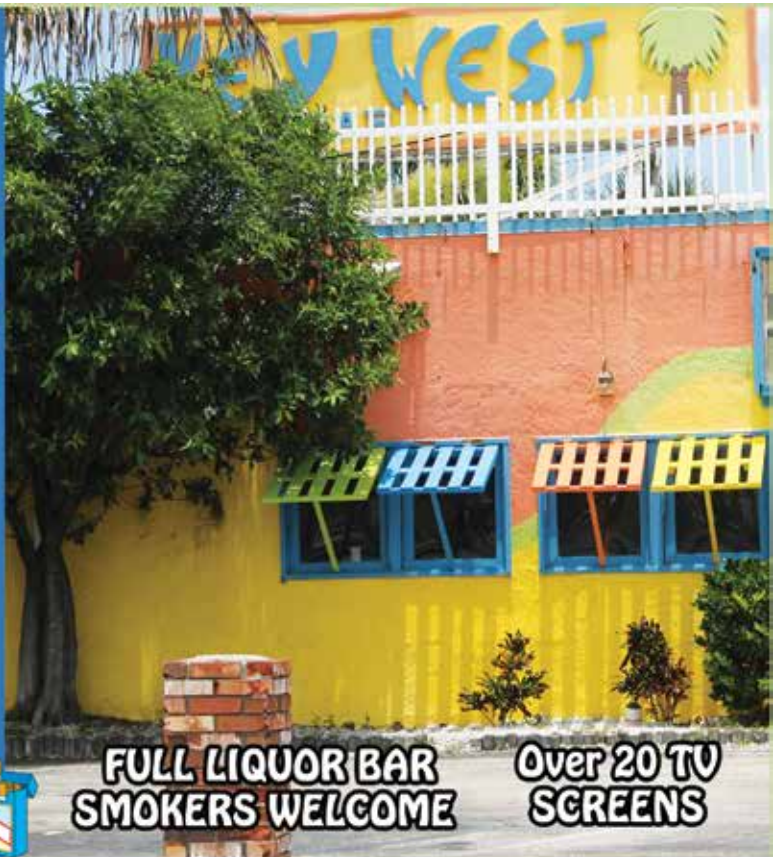
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SUNDAY FOOTBALL

CD REVIEW

By Rob Pedrick



Never Ender *Relapser*

This month's review is for the Punk Rock band Never Ender. Their latest endeavor is a 3 song EP titled "Relapser". I have to give this band some well deserved kudos. They are the first band I reviewed twice as this is their second offering.

Never Ender is from Orlando Florida. Formed in 2018 they have hit the ground running, opening for several national acts and even took the stage at the 2018 Warped Tour. They have several tours set up for 2019. The band members are Billy on drums, Kevin on vox/guitar and Matt on bass. No last names with the bio but they have plenty of contact information which I will share later.

What I remember from their first CD "Make it Last". It wasn't packaged well, little to none Bio info and the CD's songs on the copy I have weren't put together right. The songs/

music were excellent, however, and they even quote me in the new Bio I have now. This Bio is well written and actually fun to read!

The official release of Relapser was March 8th 2019 and was recorded by Matt Goings at Killian Studios. The production is superb. All instrument levels are spot on and mesh perfectly with the vocals. If there was one negative about this CD, I wish it had a few more tunes! It's just an excellent effort by Never Ender.

The first tune is "A Ticket to the Peanut Gallery". Very cool intro then at the 00:12 mark the band comes in hard and precise leading into the verse at 00:30. A very well thought out lead starts at 01:44 with some cool panning and effects. At 02:13 there's a cool little change leading back to the main part of the tune.

Next we have "One Eighty". Great production and songwriting with this song. The intro lasts to the 00:29 mark, where a nice tasteful lead kicks in until 00:53 and then the song really shifts into gear. The outro is super and well played.

Lastly we have "Here's To Hoping". This tune is very tight musically. Very precise. A sweet interlude at 01:15 leading to a short but well thought out guitar solo. At 01:48 there is a cool tempo change taking us to the end of the tune.

I must say, this second effort by Never Ender is definitely a solid progression from their first CD. Great production, songwriting, musicianship and more. Vocals are in the stratosphere cool. When you have an old guy like me rockin' out to these tunes. It's gotta be good! These guys do the genre exceptionally well! Can't wait for Never Ender's third CD!

You can find Never Ender on Facebook, Youtube, Spotify, and Soundcloud. Contacts: PR and Admin. Matt McCready. Phone: 772-538-3367 Email: NeverEnderFlorida@gmail.com. Booking: Billy Morrissey. Email: billymorriseykw@gmail.com



Sunday, September 1, 2pm
Earl's Hideaway, Sebastian

LAUREN MITCHELL

The year 2016 was one of large-scale and unexpected change for Tampa Bay area blues and soul vocalist Lauren Mitchell. During a tumultuous time in both her personal and professional life, she was given the opportunity to rise from the challenges she was facing and make the album of her career with producer Tony Braunagel. Mitchell took the leap of faith because she is a true student of the blues, a music that's all about finding a way to transform difficult experiences into something cathartic. The timing was perfect. She had an album to record.

That album, "Desire," is her most fully realized musical statement to date. Through a bold mix of her own original material, songs she hand-picked from the repertoires of her friends, and select covers of tunes first performed by Etta James, Bettye Lavette, Diana Ross, Aretha Franklin and Betty Davis, Mitchell tells a blues story that's been a lifetime in the making. It's a stylistically varied set of 13 songs expertly recorded by drummer and Grammy-winning producer Tony Braunagel, whose work with Bonnie Raitt, Taj Mahal and Robert Cray have made him one of today's most in-demand blues industry professionals. "The blues is a song of victory," Mitchell says. "It's a way to say, 'I'm over it'. That's what this record is for me."



WHAT A TIME TO BE ALIVE!

By Matthew Bretz

What a time to be alive! Everyday there are amazing new advancements popping up all around us. It boggles the mind to see what wonders modern science is discovering on a daily basis. I realize people have consistently expressed these types of thoughts all throughout history, but it really feels like we are hitting a streak lately, and experts can whole heartedly agree that progress isn't just steady it's accelerating. Since its opening, in 1792, the U.S. Patent Office has issued over 9 million patents on new technology. In the first decade it was open it issued 229 patents. Today the patent office issues that many patents every 7 hours. And in the last four years, the patent office has set records each year for the most patents issued in a year's time.

Cars With Solar Panel

Energy is a big one right, and rightly so. If we don't figure out how to get off of fossil fuels pretty quickly, we are going to start having some really bad days come our way. The first car with a solar panel roof is being released to the public this year. The panel effectively charges the battery of a hybrid car while it is on the road cutting down the need for plugged in layovers and saving on electricity costs. Countries across the globe, America excluded,

are dedicating themselves to renewable energy. Huge windfarms (whoever thought that would be a real thing) and solar fields are beginning to shape our landscape and power entire cities with clean energy. Coastal towns are beginning to harness the power of waves. Costa Rica just announced that they have achieved 100 percent renewable energy. The entire country is run on clean energy - what?! That's amazing!

Solar Food

An innovative food company called Solar Food has just invented a process to derive a sustainable food source from carbon dioxide. Yeah, it sounds nuts right? I know. But, it is true. They have somehow figured out a way to combine water, CO₂, and electricity to make a liquid that, when dehydrated, forms a protein powder much like wheat flour. It can be made in almost any climate, and it is 100 times more climate friendly than virtually every other way food is produced. The process uses 10 liters of water to produce 1 kilo of Solein powder as opposed to the over 15,000 liters of water it takes to produce 1 kilo of beef.

Joy Rides Into Space

Private joy rides into space are right around the corner - which is really amazing when you consider that we just celebrated the 50th anniversary of the Apollo moon landing. Here we are, only 50 years later, talking about pleasure cruises into space for the public. Elon Musk, soon to be a neighbor of ours when his enormous mansion is finished being built near Canaveral, is funneling a good deal of his time and resources towards that goal. Space X wants to be the first space-liner to offer seats to the public. I mean there's already a Tesla in orbit.

Real Puppy Love

Ok, one more, and this one is my favorite. Scientists, studying the brain chemistry of common pets, have re-

cently discovered proof of something dog owners already knew - but now science can back up. Dog owners love their fur babies as if they were human children. And even though they have always wanted to believe their dogs loved them back, there has always been a nagging question about whether dogs actually care about their humans or if they are simply pandering to who feeds them. Well guess what? It turns out they really do love their owners. We now know this because we have been able to monitor production of the neurotransmitter oxytocin in a dog's brain whenever they are near their owner. Oxytocin is an emotionally bonding chemical that produces an intimate, familial connection between life forms. Mothers, for instance, produce a lot of oxytocin when they give birth effectively bonding them immediately to their newborn child. Dogs brains actually produce 3 times the amount of oxytocin that a cats does, sorry cat lovers, but dogs love more.

There are so many reasons to be depressed these days. Every time we switch on the news, we are bombarded with shootings, and sex trafficking, and racist tweets, it's overwhelming. But it's not all bad. There are still people out there working hard to advance the human race and get us to a better place tomorrow than we were in yesterday. So, don't give up hope just yet. Pretty soon, you might find yourself sharing a protein shake, made from thin air, with your favorite dog, on your way to a vacation on the moon.



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TACO TUESDAY

By Ian Bertel

Taco Tuesday is a staple in American pastime these days. Have you ever thought about it? Across the 50 states every Tuesday, families and friends go out on the town for half price or even better, marked down tacos at their local Mexican restaurant. It's a tradition that has grown to every town, and grabs on to you from word of mouth.

There are a few great places to kick it at Taco Tuesday. At the end of your visit, where ever it might be, the atmosphere plays a big part of your experience. Lately, Taco City is where I go for my half priced tacos. Taco City is a landmark in Cocoa Beach, and you can't miss it on A1A. Not only are the Tacos \$2, but the beers are as well. Now, that is a big bang for your buck! The atmosphere is fun at Taco City. With a variety of tourist and locals, the vibe is nice and the view is better. There's a great view of the river from inside the establishment, which is perfect to look at right when the sun is dropping. Paradise is in session.

If you're ready for a good time and a rowdier crowd, then for Taco Tuesday, I'd recommend you head over to Sandbar, also in Cocoa Beach. With great prices come great responsibilities if

you know what I mean. Sandbar's famous fish taco is also included with the Taco Tuesday special, and you don't want to miss out on the grilled Mahi. People are always having a great time at Sandbar. Since you're in more of a tourist prone area, this is a wonderful spot to keep the drinks flowing, and the tacos cooking. Watch your sports games and get loud about it; Sandbar is the place for fun.

How could you forget an Indianatlantic local legend? Cantina Dos Amigos is yet another fantastically themed restaurant with great food and classic decorations. The entire building looks like an authentic Cantina. The deals are flowing here on your evening out. Sitting on the patio is always fun taking in the night time ocean breeze, but inside at the bar area can also be a hoot with friends. With great drink specials all around, and wholesome tacos to fill your heart's desire.

Let's take a trip across the causeway. One of my favorite restaurants of all time, due to atmosphere as well as their food, is El Chico Mexican Restaurant located in West Melbourne across from the Melbourne Square Mall. This underrated establishment has a great deal on tacos as well as Margaritas. Big portions, and unique décor is the name of the game. I enjoy the atmosphere over at El Chico so much because it feels like you're on a movie set. With an array of authentic memorabilia and artifacts, El Chico has the theming for you if you want to take Taco Tuesday to the next level. Next time you're eating in the bar area, look up at the ceiling. You may spot out some stuff that you have never seen before.

Taco Tuesday is a great way to get together with friends and have a fun time with family. Make sure to go out once in a while and support your local establishments, especially on Taco Tuesday!



Sunday, September 29, 2pm,
Earl's Hideaway, Sebastian

BIG AL & THE HEAVYWEIGHTS

Big Al & The Heavyweights began in 1992 as the Unknown Blues Band with founding members Warren Haynes and Al Lauro. The two met performing in Country Outlaw, David Allan Coe's Band. They quickly found a common interest; their love of music, especially the blues. Soon they put together the U.B.B and began performing at small clubs and festivals. The band started opening for many acts, including B.L.T., which included Dickey Betts, Chuck Leavall, and Butch Trucks. Dickey Betts was inspired by Warren's incredible guitar prowess and soulful vocals and offered him a gig in a band he was putting together. Warren took the gig and went on to become a major force in The Allman Brothers Band in which he currently plays as well as his own band, Gov't Mule. As for Big Al, he had lost an incredible guitarist and vocalist but never a friend. He moved on and put together a new band and landing a record deal with Scott Mullins' Rollin and Tumblin Records to create Big Al and The Heavyweights.

Big Al began focusing the band's sound on his Louisiana roots and the music that began being called "Gumbo Grooves". The big break came when Dan Aykroyd featured the band's songs, "House Party" on his *House of Blues Radio Show* as the *Blues Breaker of the Week*. Following the national attention, the CD was nominated for *Blues Album of the Year*.



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To try out the Happy Hour menu we invited our friends Charles & Lissa Knight of *Rockstar Entertainment* for a fun afternoon on Matt's patio. It was raining but who cares when the patio has a big roof. We ordered beer, wine and a cucumber vodka - "You do not get that everywhere," comments Lissa - along with Pork Dumplings, Pork Sliders, a Spicy Tuna Roll and a Salmon Roll; both sushi rolls were served with delicious seaweed salad. The three of us decided to share the snacks. Lo and behold, we were more than full after the last bite. The sliders were quite different than your regular sliders. The spices set Matt's cuisine apart from anything else, and the combination of pork with his unique coleslaw was amazing. "We come here a lot," laughs Charles. "We love the food."



Matt's Casbah In Downtown Melbourne

KICKING IT UP A NOTCH

by Heike Clarke

The life of a restaurant has many chapters, and every chapter is a little different than the previous one. Servers, hostesses, managers, cooks come and go, and every hospitality worker brings personality and experience to the table creating certain vibes that connect with the patrons whose faces also change during the years. Keeping the quality and attraction constant is a challenging job, and - there's no doubt - Matt's Casbah in downtown Melbourne has been a destination for foodies for eleven years, and there are no signs of slowing down. As a matter of fact, the new management is ready to kick it up a notch with even better culinary experiences, the best live entertainment, new crafted cocktails, more craft beers, and a whiskey bourbon and scotch menu. "We are in the process of re-branding Matt's Casbah," says manager Bruce Dexter who has been running the operation since June 2018.

Everyone knows Matt Nugnes, visionary chef and owner of this one-of-a-kind establishment. He is a rockstar among foodies and the creative force behind Matt's Casbah. Drawing on his experiences from living and traveling around the world, Matt brings an eclectic, global inspiration to his cuisine. Combining styles and cultures in harmony like Yin and Yan is the goal and Matt's specialty - just like his restaurant logo promises. After working in several fine dining establishments, and operating the successful Matt's Tropical Grill in Indialantic, he opened Matt's Casbah in 2008. Artsy and eclectic in the dining room, cool and ritzy on the patio

- that's the Yin and Yan of food and entertainment. For a decade patrons have enjoyed dinner shows, theme parties, beer & wine tastings, and traditional family holiday dinners. But *Times Are A-Changin'* and the hospitality business is at the fore front.

Meet Bruce Dexter, the energetic new operation manager, whose major goal is to keep Matt's Casbah "trending" - in the dining room, on the patio, for catering, on social media or anywhere else on the internet. Bruce, born and raised in Rhode Island, has worked in the hospitality business since 1986 working through the ranks to become a general manager of Nordstrom restaurant division. The past 28 years he was in Atlanta, GA, until his wife's job-transfer brought him to Brevard. It was a coincidence of luck that Matt's was looking for a GM at the same time, and after a couple of meetings they knew it was a match.

Ever since Bruce is studying the taste in Brevard and made some surprising observations: "Take Michelob Ultra," he says. "I couldn't give it away in Atlanta, but here in Brevard County it works." His first priority is to find out what attracts customers. "People like special chef features that change every week. We now offer a fish feature, land & sea feature, gourmet burger feature and sushi feature." Also the bar got a make-over adding 12 rotating craft beer drafts, additional cocktails, and whiskeys. Hiring the right staff is the secret to every restaurant's success and one of Bruce's specialties He hired chef Chad Winchester of Yellow Dog Cafe fame for the kitchen. "That gives Matt more time to be creative," he explains. Ellen Peterson is the new front-of-the-house manager who came with a lot of experience in fine dining, she trains the service staff, ensures quality and the proper friendliness. Shelly takes care of the catering for weddings, and other events. Lucy Liu is the sushi chef who brings her expertise to Matt's sushi bar. Altogether there are 40 employees that want to make sure customers are happy and satisfied. "And our website is working properly again," smiles Bruce.

Wonder what Matt is doing? He is working on great upcoming events, and it looks as if we will enjoy another Anniversary Party this year. Stay informed on our pages and the internet. Go to www.mattscasbah.com where you find more information about events, catering, the full menu, and live entertainment.

Happy days are here again...

Our photo (top right) shows chef Chad Winchester, general manager Bruce Dexter with proprietor and visionary chef Matt Nugnes, and the front-of-the-house manager Ellen Peterson.



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My Best Friend - ME!

"I hate myself"- anonymous client

So many of us have mumbled, whispered, or yelled this out loud. We meant it and we needed to say it. But then what? Good thing that most things are temporary. I would almost like to say that all things are temporary but I don't want the emails from some physics geniuses out there. Let me not get too side tracked though.

Self love has become a very common phrase the last 10-15 years. We have come to even include it in professional trainings and adapted the additional phrase of Self Care. Sounds great and even feels great, but when we aren't in a good place it is very hard to do. We tend to keep doing what we have instinctually learned.

Instinctually?

Yup, those little micro actions that we have practiced so often that they seem to be part of our permanent makeup. So much so that we often defend them by saying "that's just who I am" or "that's just how I deal with it." Regardless of how effective it is. Actually despite how ineffective it is.

We tend to allow actions or behaviors that are ineffective in the long run because we manipulate ourselves to believe that they are effective in the immediate moment. Maybe they are. However, the price can be expensive emotionally, socially, legally, and financially. Feels damn good in the moment but then reality strikes again. So we run, hide, and numb again.

What would you tell your best friend to do? Would you advise to keep doing what isn't working? Would you validate their reasons and tell them that you too hate them? Would you tell them to quit life? Nope.

We are there for friends better than we are there for ourselves sometimes. We even often do for them much more than we do for ourselves. Unfortunately it's not enough to just give. We need to receive as well and receiving from ourselves is the best gift EVER!

Recognizing self destruction in process is necessary

for change. Acknowledging what decisions and behaviors are self destructive is mandatory for a better tomorrow. However, if you suffer from self defeating thoughts and paralyzing insecurities this could be a difficult task. Therefore to give yourself the best possible opportunity to defeat the negativity you may want to discontinue substances that debilitate some areas in the brain necessary to win.

Here is an easy rule of thumb to help you recognize what isn't working. If you take something that gives you immediate relief but once the substance wears off, the initial problem is back, then it's not really working. Your natural abilities to defeat the very thing that is occurring are starting to rely on the external things you are doing. Therefore you are at risk of becoming dependent on whatever you are doing.

Problem with this is that it is temporary and not sustainable. Increased tolerance is evident when you need more than before to get the desired results. This doesn't make the substances less toxic, yet you increase the amount you take. This can lead to other problems, the worst being an overdose.

If you would like a more long term solution, the recommendation is to first discontinue what isn't working. I would always recommend that you seek out a medical professional to do this because some medical complications are possible. For example, quitting alcohol or benzodiazepines like Xanax, can actually be life threatening without medical attention & monitoring.

The next stage will include reprogramming of who, what, and how you think you are. You have the rest of your life to improve this. Along the way you will learn how to be a better friend to yourself and process through the negative thinking that may currently dominate too much of your time.

There are so many opinions on how to do all of this and many pathways to get to where you want to go. Whichever you choose, just make sure it involves you working on challenging your perspectives. Be willing to be wrong. Be open to ideas and opinions that are contrary to anything you have ever attempted or thought you would ever do.

Recovery is possible and self love is necessary for true joy. Sounds corny, but the corny stuff works. We all have a story and we all have reasons as to why we lived in self destruction. Find your reason to take a new path and you will live the rest of your days thanking yourself. I am forever grateful for the me that put in the work, so that the me now can enjoy the life I have. He gave me much more than I ever thought possible and much more than I ever thought I deserved.

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Ode To Babe

by Richard Hendry

First, I want to clear that I never bought a sundress and that for any animal that I have had. I never brought my dog with me shopping or to the movies. I have never taken a selfie with my dog. And, to my shame – and the fact I have a big back yard, I have and remain remiss in “walking” my dogs. But I love them and the type of friendship and love they have given me and my family - humans can only hope to show each other. Dogs are noble and loyal and help us cope in ways that are scientifically proven and more importantly felt every minute of every day they share our lives. Defying all logic, the domestic K9 is the only animal that will give it’s life for humans, defend us and save us. To me, they possess a type of divinity that no one will ever be able to change my mind about.

Last month, we had to make the hardest choice we have had to make in many years. We had to let our best friend go. She had been part of lives for almost 15 years. Babe and her 9 brothers and sisters came into the world in the middle of the big four storms in 2004 and of all the litter -she was the first to walk up to my wife, sit and wag her micro tail in a fashion that melted our hearts. With six of us in 1000sq. ft. home - we were forced to find good homes for eight of them but we kept Babe and her sister Macy. Over the next 15 years she lost her sister to Sarno Road traffic, helped raise two cats, three other dogs and four children. She even put up with an ill advised and short lived evil bunny purchase. She loved us all, greeted us all at the door and never chewed a remote control. Babe was everyone’s dog but she loved my wife in a way that made it impossible not to love her for that alone. We went through seven election cycles, 11 cars, wild and unprecedented changes in our world, climate and everyone of our children growing up and moving on in one form or another. We lost friends, buried family and friends, lost money, our home and businesses – Babe remained.

She never laid down on her job, she never phoned in her love and although she would visit with every one of us – if you were looking for her, she could always be found no more then three feet from the love of her life and mine.

Letting her go was no small feat but we had to be stronger than humans. In the end, we had to be more like her - devoted to her and her quality of life - like she had been for us all those years.

They say “everything changes” and by and large that’s true. The act of letting go is one of the constants in life. We fight it but it is always in vain. However, in all things – we can learn something. As I read the news these days and see the turmoil in our world, I can’t help but think that if we were more like dogs – things might be very different. They would never walk into a crowd and take the life of strangers. Dogs have a very different set of priorities. They respect life and protect it (even if their owners are D-bags!). Now I not suggesting that butt smelling as a greeting or wearing flea collars should be standard practice but I would take that as a trade off if we all could find it in our hearts to love and be understanding of each other - like dogs are of us.

Take a moment and imagine if we were all as loyal as they are. If we loved and respected each other unconditionally wither a person lived in Lansing Island or in the woods off of Ellis Road. What If we gave more than we asked for – what would that world look like? Dogs do not care were you are from, what God you follow, who you love or what’s in your 401K – all they want is the one thing that no one can buy and everyone of us are capable of giving if only we would try. What if we saw each other the way they do, felt empathy for each other as they feel for us and let go of our preconceived ideas of each other and tried to make things better for each other? And be understanding and forgiving when we fall short of each other’s expectations or forget to fill the water bowl.

If I could be sure that everyone in the store, school or world, respected life like a dog – I’d wear a flea collar! But I’d still lean more towards the handshake greeting. Wither by providence, divine intervention or pure dumb luck, dogs are here and they have made their choice – they have picked us. And let’s face it – they have their work cut out for them! More and more I think that they are a quite, loving and patient example of what we could be and should be.

Richard Hendry has been working in the natural health industry for 24 years as a natural health educator, consultant, author, publisher and talk radio host. For the past ten years he has successfully managed Nature’s Health Market in Melbourne.

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I AM NOMAD

Identity Crisis

By Bill Stanley

I believe a lot of times when a friend is sharing a new direction their life is taking, it can be very easy for us to assume they are going through an identity crisis. I mean who at forty goes back to school or starts another career? You have responsibility and families, and everything else to worry about. These are all thoughts that run through our head as our friend is sharing their exciting news. Instead of being excited for them, we are skeptical they are making a mistake. In a way we look down on them believing they are going through an identity crisis.

I actually think an identity crisis can be a positive thing. It can be a way of showing us we need to re-define who we are and what it is we are destined to do. What we think is a crisis is really an opportunity to break free from the monotony of our lives. To break free and do things we've always wanted to do. I can't help but remember that quote from Braveheart, "Every man dies, but not every man truly lives."

Be Courageous

I have often thought people fear what they don't understand. We also fear the unknown. Often the unknown makes us feel we aren't in control. There are several things you might have dreamed of doing, but are afraid to take the risk. Be willing to take risks to be successful. Of course these need to be risks we can survive. You can't learn from mistakes that kill you. We must redefine ourselves constructively, not destructively. Reinventing yourself isn't about faster cars, younger spouses or more money. It's about finding new strength and energy to live your life to the fullest. So be courageous and be creative and allow your inner genius to become a reality.

Be Teachable

Most successful people in this world are not necessarily people with the most money, power or fame. I believe it's the ones who possess a teachable spirit. You cannot reinvent yourself if you are not teachable. Being teachable doesn't take any skill and isn't reserved for just a lucky few. Anyone willing to humble themselves enough can learn. Learning is growing and growing is living. I always want to be growing because if I'm not growing I'm dead. Dead things don't grow. I know, dead things have a benefit to our eco-

system. Yes, science friends will tell us this is true. They will also tell us the benefit is for the living not the dead. I want to be evolving not decomposing.

Some of your favorite musicians and bands have spent their entire careers reinventing themselves. Did you know Alice in Chains, started out as a glam band? Thank God they found grunge. There are so many more we could mention including Queen, Bowie, U2, and Aerosmith. Even some of the greatest of all time, like the Stones or the Beatles experimented with their sound. According to Forbes Magazine, this is the secret of their success. Forbes will also tell you the average life span of a business is only about fifteen years. Why do so many businesses fail? They fail, because they stop learning and growing. They die.

Be Patient

Learn to be patient while working toward your passion. J.R.R Tolkien, author of The Hobbit and The Lord of the Rings trilogy was teaching English at Oxford while writing these amazing works. He believed your true passion might not be your day job. Tolkien was patient but continued to write. He continued to invent amazing characters, possibly knowing one-day readers would be inspired by his work. Keep on pressing and be patient.

You might not ever do full-time what it is you truly love, but you'll never know unless you get started. Take a part-time job in something you've always wanted to do. Go back to school to learn something you've always wanted to learn. You can take classes on line in your free time. If you've always wanted to write music and get in a band, stop waiting for Nashville to call and get after it. Call some friends and start writing and making music together. You can't get in a hurry. Be patient, knowing what you're building isn't for fame and fortune but for your relevancy as a person.

So what is your passion? Ask yourself what activity, hobby or interest would make you truly happy if you could do it on a regular basis? Share your ideas with those you can trust and who can set you in the right direction toward your goals. Remember, along the way your friends may think you're a little crazy or going through an identity crisis, but you will know the truth. You will know you are simply living your best life.

I AM NOMAD is a column for all rebels, wanderers, artists, lovers and anyone who looks at life outside the box. Bill Stanley is an iconoclast, mystic, activist and speaker and coach known for his work in social justice and spirituality. He speaks to thousands annually as a keynote speaker in business events, conferences, church retreats and social justice projects. You can connect with Bill on LinkedIn, Facebook and Twitter.

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Judy Tatum Lane

By Steve Keller

Judy Tatum Lane is a jack of all trades. She has found a way to incorporate love of music, nature and photography into a lifetime of memories for both herself and her audience. She also had a stint as a contributing writer for for this very publication. Her sincerity rang true on the ongoing series of articles she wrote. Brevard Live was able to sit down with this talented woman to get insight on her experiences as well as what makes her tick.

Tell me about your upbringing.

JTL: I was born and raised in Tennessee in a family where everyone were lovers of nature and animals, all the way back to my great grandmother. There were Cherokee Indians in the family; I have a picture of my brother playing with a baby black bear. My brother worked as a ranger at Sebastian Beach Inlet. He loved the birds and passed that on to me as well as being a very special artist. He taught me how to use the camera and all about the birds. I fell so in love immediately. As for the music, I don't ever remember the radio not playing away in the kitchen. My mom and dad were young and my mother loved the rock-n-roll, classical, every type there was except country western. She said that just because you were from Tennessee you didn't have to like country western. She definitely passed her love of music on to us. She would take me to see symphonies and people like Duke Ellington when I was in 2nd and 3rd grade. I wanted to play myself but my parents could never raise the money.

You eventually moved to Florida?

JTL: We moved to Cocoa Beach and I watched Kenny Cohan and the Fantastic Group, The Tropics. I saw The Byrds play on the pier at 14. Saw literally thousands of bands at the multi day festivals where 30 big name bands would play. People like Hendrix and the Rolling Stones. I saw Stevie Ray Vaughn and Jeff Beck touring just weeks before Stevie was killed. Saw The Allman Brothers open for

a group called Spirit. No one had ever heard of them but the crowd went crazy and we didn't want them to stop. It was so bad Spirit was going to leave. The next year they came out with their first album. So many wonderful bands and I got to see them. And being married to a musician for almost 50 years who played with all the best like Dave Fiester. We were on the road when we got married.

You must have seen a lot of local music over the years. What memories stick out?

JTL: The first one that comes to mind is Soul Jam with John Carpenter on vocals and lead guitar. They are great and so talented. I have been pretty tied to the house for the last 2-3 years caring for my dad and brother so I have lost touch. I am planning to get back into it now. I always go back to bands I have listened to for many years, including Chuck Van Riper. I love it when he plays the classic Beatles. Dave Kury does as well. I love Sybil Gage. Mr. Kenny Cohen, who I have listened to since the 9th grade. He is such a class act in every way. I'll think of others when it's too late, but for now I'm afraid I am stuck in 3 years ago. I have new groups on cd and you don't even want to know where my favorite cds go back to. I'm hoping and praying that many people I know are going to get a chance to get out there.

When did you get serious about photography?

JTL: I have loved taking pictures since I was a teenager, but never had anything more than a little 110 film camera when I was in my 20's. I began taking pictures and became really obsessed with it about 20 years ago. My husband got me a little 110 that hung on my purse. Between him being a musician, as well as all my friends, I was in front of some band 3-4 nights a week. I became addicted to taking pictures of them and still am. Musicians are so very, very demonstrative and interesting. I love the expressions and their hands. But my husband got me my first real camera approximately seven years ago, and I discovered my great love for birds as well. I would live in Lou's Blues at night and the wetlands during the day.

What's your secret to a good photograph?

JTL: I will not use photoshop. My brother was from the old school, and he taught me that if you don't get a good picture that can be good using 3 basic things; crop, contrast, brightness. If not, then you try again. For me the challenge is so much of the reward. On one hand I love seeing all the photos from photographers that make me want to sell my camera, and they show me so many amazing things I would never see otherwise. But even though I consider myself average as a photographer, I cannot stand it when I see photos posted that are so out of focus you can't tell what it is. And when people say to me, 'well of course you're going to get a good picture, look at your nice camera'. I have definitely deleted more pictures than I have kept. The camera helps for sure, but I believe that the love of what I am taking pictures of helps. I know what I want and I try to get it. And I have

less confidence in my photography than so many people with a cell phone. But again, there are so many really great photographers out there! Some are my friends, and I am so thankful for them. They have brought me a lot of joy.

Tell us about your time writing for Brevard Live.

JTL: I loved it! I love Heike, and I feel we became very good friends. I have wanted to write since being a young kid and Heike gave me that chance. I got to write about all my friends and times we had together that had made up pretty much my whole life. And I do love talking about these musicians I am so proud of and was blessed enough to know them. Unfortunately, (the opportunity) came about because Heike was told that I would be someone to write a short article on the passing of Dave Fiester who I had known since he was 16 years old. The person who called us up to tell us of his death just hours before was another one of my great loves and friend; Austin Pettit. I can picture right now hitch hiking up and down US1 to his girlfriends house at 17. He is also gone now. But I have so many memories of them all and it seems just like yesterday. I was scared to death when Heike asked me but I wanted to do it so badly. One article turned into about two and a half years. I cannot thank Heike enough for what she gave to me when she let me accomplish my dream of writing. I relived 35 years of my life and it was something. She also took me places with her and more lifetime memories were made. Meeting Edgar Winter and others that she would go to write about. Having a special pass so that I could literally stand right next to musicians and take pictures while enjoying some good music. One of the highlights of my life for sure.

What advice would you give to someone on following their passion?

JTL: Do it! Expect to experience happiness you've never had before, and sadness as well, but in the end it was all worth it. Do it to the best of your ability and as much as possible because things change. But, never do it at the expense of your family in any way. Never be willing to do anything to accomplish it. There is always a compromise, you can do both. Follow your passion and not give up family to do it. I saw far too much of that and was on the receiving end myself. Not all wives love music the way I do which is what helped John and I, we both had the same passion. I have been known as the band mother; did the booking of gigs, etc. I still wanted to be domesticated as well and a little more time for just John and I would not have hurt over all the decades. And don't trip on your ego. The best musicians and photographers I know managed to stay somewhat grounded. My dad used to always tell me that when you think you're the best you've gone as far as you are going to go. And there will always be someone better and someone not as good. I guess that is why I can be so happy for other photographers when they achieve so much success. They deserve it.

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